

**ST. PAUL'S**  
**CHURCH OF ENGLAND**  
**PRIMARY SCHOOL**



**ENGAGE - INSPIRE - ACHIEVE**

**The Christian family of St Paul's... moving forward together.  
A caring, exciting and happy school where everyone  
succeeds!**

**PE POLICY**  
**January 2017**

### **Policy Statement**

Physical Education contributes to the overall education of young people by helping them to lead full and valuable lives through engaging in purposeful physical education. It can develop physical competence and help to promote physical development. It can teach pupils, through experience, to know about and value the benefits of participation in physical activity while at school and throughout life. It can develop an appreciation of skilful and creative performance across the areas of activity.

### **Aims of PE at St Paul's**

- To develop the children's enjoyment and enthusiasm of physical activity through creativity and imagination.
- To enable children to develop and explore physical skills with increasing control.
- To encourage children to work and play with others in a range of group activities.
- To develop the way children perform skills and apply rules and conventions to different activities.
- To increase children's ability to use what they have learnt to improve the quality and control of their performance.
- To promote positive attitudes towards health, hygiene and fitness and recognise how their bodies feel during exercise.
- To promote competitive sport through intra and inter schools events.

We aim to provide 2 hours of quality PE per week for all our pupils, with opportunities for extra -curricular participation at lunchtime and after school.

### **Teaching PE**

The curriculum is organised to ensure that pupil's experience of PE is developed through activities that bring together requirements from the Foundation stage, key stage one and two programmes of study.

At St Paul's, we also incorporate aspects of the Creative Curriculum within PE lessons.

Within school, knowledge, skills and understanding is addressed through six areas of activity:

- Dance
- Games
- Gymnastics
- Athletics (KS2)
- Swimming (KS2)
- Outdoor and Adventure (KS2)

St Paul's uses the Lancashire Scheme of Work as the basis for the curriculum planning. These units are taken from the long term plan, which is updated on an annual cycle. Schemes are differentiated and adapted according to the teacher's knowledge and judgement. Planning in this way ensures progression and also clarifies the appropriate level of activity for groups of children. Teachers are required to annotate as appropriate and assess at the end of each unit where individual pupils are working - below, expected, exceeding.

The school is also supported through specialised coaching by the Rossendale Sports Partnership. This is allocated each year by the subject leader to different year groups around school.

The teaching of PE takes place in the afternoon and the hall slots are divided accordingly.

Foundation stage - 1 hall slot and additional time in outside area

KS1 - two hall slots per week.

KS2 - one hall slot and 1 outdoor slot.

Swimming will take the place of the outdoor PE session.

In the event of bad weather, outdoor lessons in PE may be taken at a later time in the week (The playground can accommodate 2 classes).

During dry weather, the field area is also available to use.

### **Swimming and Water safety (KS2)**

It is a requirement that all children should be able to swim 25m unaided by the end of Year 6.

At St Paul's, all children in key stage two have the opportunity to take part in swimming lessons at St Peter's Centre, Burnley. These are taught by qualified swimming instructors and supported by the class teacher. These are organised on a rota throughout the year.

For the academic year 2016-17, the rota is as follows:

|                                       |        |
|---------------------------------------|--------|
| Sept 2016 - Feb 2017                  | Year 5 |
| Feb 2017 - July 2017                  | Year 4 |
| Summer term (Top up swimming lessons) | Year 6 |

### **Inclusion**

At St Paul's we teach PE to all pupils whatever their ability or individual needs. We strive hard to meet the needs of those pupils with special educational needs and disabilities and those who are gifted and talented. Support services and staff are used to ensure that no child is excluded from a physical activity because of physical disability.

### **Assessing PE**

Teachers will assess pupils using the Lancashire scheme of work - I can statements. Teachers are expected to assess and record the names of those pupils who are working below, at expected levels or those who are exceeding. Photographs/Video evidence may be used to support assessments.

The subject leader will monitor the levels of each cohort.

These assessment statements also support KLIPS (Key Learning Indicators of Performance). At the end of each term, pupils are given a judgement based on the level they are working at - Entering, Developing, Secure.

A short statement of progress within PE is recorded on the annual report to parents.

### **Resources**

The school has a central PE store located in the main hall. This is to be accessed by staff only. Pupils are not to be sent for resources and are not expected to enter the cupboard at the end of the lesson to put away equipment.

A range of equipment has been organised to support the teaching of indoor and outdoor PE.

The subject leader will regularly ensure that these resources are adequate for use/updated with new resources.

Resources should be placed back within the labelled areas. Staff to report any missing/broken resources to the subject leader.

At St Paul's we promote a whole school approach to safety when using apparatus. Staff are to supervise the moving of this equipment at all times. Every child should be aware of how to lift, carry and place any apparatus. Staff should help with different pieces and should check all apparatus before use.

Please report any damage or tears to the subject leader.

At the end of the session, staff should ensure that the apparatus is put away correctly and secured in place.

### **PE kit**

As there is a requirement that PE should be accessed by all, it is essential that every child has a PE kit within school.

For children in KS2, an outdoor kit will also be required. This can be left in school so that it is accessible at all times.

### **Indoor kit**

White t shirt (with or without school logo)

Navy PE shorts

Black pumps

### **Outdoor kit (KS2) additional**

Navy or black tracksuit pants

Pumps or trainers

School jumper/plain dark sweatshirt

### **Swimming**

Swimming costume and swim hat (girls)

Fitted swim shorts (boys)

NO goggles are allowed unless a valid medical reason is given.

Children who do not have a kit may use a spare kit from the PE store.

A letter is to be sent home to parents/guardians to remind them about the need for kit. This is stored on the shared drive.

Staff are to change footwear when taking part in PE.

Long hair worn by staff and pupils should always be tied back.

### **Jewellery**

All personal effects should be removed before the start of the lesson (rings, earrings, watches).

Children who have pierced ears are asked to remove their earrings at home as staff cannot apply plasters over the ears.

Class teachers to make parents aware through the class newsletter and speaking to individual parents.

### **Out of School PE**

At St Paul's we offer a wide range of extra- curricular activities at lunchtime and after school, accessed by all pupils.

We encourage participation in a range of inter schools competitions, as individuals and teams. A list of competitions through the partnership is available from the subject leader and on the Sports notice board.

Updated Jan 2017  
Reviewed Sept 2017