



ST. PAUL'S CHURCH OF ENGLAND PRIMARY SCHOOL  
Calder Road, Rawtenstall, Lancashire, BB4 8HT  
Headteacher: Mrs Charlesworth  
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School Office: 01706 215893

Monday 16th September 2019

Dear Parents

Food allergies are becoming increasingly common among children. This year we continue to have children who have severe allergy to nuts, sesame and citrus. Exposure to these items, even a tiny amount, could potentially be very serious and life threatening for these children.

We do ask our children and families to help make the school environment safer for all students, by following these simple suggestions:

- Please avoid sending any foods that contain nuts or sesame (such as peanut butter, sesame seeds on breads, nutella sandwiches, muesli, flap jacks or health bars with nuts) to school with your child.

Please do not send your child with anything containing citrus products, this includes juices and sweets.

- If parents would like to send treats for their child's birthday celebration, could we ask that you give these out at the classroom door with your child, so parents/carers can choose whether they are suitable for their children.
- Please remind your child never to share his/her food and drinks with other children.

We greatly appreciate your support to help keep our children safe.

Thank you for helping to support our school community.

Kind regards

Mrs Horrocks

