



ST. PAUL'S
CHURCH OF ENGLAND
PRIMARY SCHOOL

WEEKLY NEWSLETTER

ENGAGE - INSPIRE - ACHIEVE

From the words of St. Paul... 'Encourage one another and build each other up'.

'When I'm afraid, I put my trust in you'

Psalm 56.3

Friday 3rd September 2021

Headteacher news

I would like to wish you a warm welcome back and hope that you and your loved ones have had an enjoyable summer break. We hope you are all relaxed, recharged and ready to start a new school year. This week has been an absolute joy to see all members of our school family again. It has been a great pleasure to see our new reception children in their new classroom and forest and watch them settle in so well. We offer a very warm welcome to those who are new to our school family this term. Please speak to your class teacher if you have any questions about our school, rules and routines.

We have all greatly missed our year 6 leavers and hope they have a wonderful first day at high school. Always remember - *You are amazing, be your own champion and never give up on your dreams.*

Staff news

It gives me great pleasure to inform you Miss Yates has given birth to a healthy and very beautiful baby boy during the summer holidays. Welcome Albie to our school family we are really looking forward to meeting you.

It has been great to have Miss Gul, Mrs White and Mrs Jabeen back in school. We have missed your smiley faces. 😊

Please help us to give a huge St. Paul's welcome to Miss Gribben and Mrs Hindle. I know you will help to give them a warm welcome into our school family.

Starting Reception in 2022 or moving onto high school ...

For families living in the Lancashire area who require a primary or secondary school place in September 2022 you can now apply online via Lancashire's online system at:

www.lancashire.gov.uk/schools

This is a quick and easy way and offers an email receipt of all submitted applications. Please ensure that you hit the 'submit' button when you are ready to send in your completed online application. You must apply even if you have siblings at your preferred school or academy.

The closing dates for applications for September 2022 are at 11.59pm on:

Secondary applications - 31st October 2021

Primary applications - 15th January 2022



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School grounds

We realise how difficult it can be to park close to school, especially on wet days however please be mindful of the same parking etiquette on school grounds. Please do NOT park in the disabled spaces or in our STAFF carpark even when dropping off and collecting for BYT and be respectful to our neighbours by not blocking their driveways or leave your engines running. We must all play a part in keeping our children safe. We would encourage as many of you to walk or cycle to school.

Dinner Money

The cost of our daily lunch is £2.35. This allows you to ensure that your child has a choice of well-balanced meals each day. Payment should be paid via Parent Pay in advance at a charge of £11.75 per week

Free school meals and pupil premium

Your child will get free school meals if they're in Reception class, Year 1 or Year 2. You will however still need to register with us if you are in receipt of any of the following benefits as your child's school can get extra funding, called pupil premium. Children in years 3, 4, 5 or 6 could also be entitled to free school meals.

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit

If you require further information, please contact our school office.

Attendance/Holiday information

Attendance to school this year is compulsory, and all children must attend every day unless they are ill or have symptoms of Covid.

We are unable to authorise any absences that are not illness related unless in exceptional circumstances. There is a leave of absence form available from the school office however, we would ask that all holidays are taken within the holiday periods and not in term time, to avoid a fine from Lancashire County Council. A holiday list for this academic year is on our school website. [Holiday-List-2021-2022-1.pdf \(stpaulsrawtenstall.co.uk\)](https://stpaulsrawtenstall.co.uk/Holiday-List-2021-2022-1.pdf)

To enable us to safeguard our children, may we request that if your child is absent from school you, please telephone the school on 01706 215893 by 09:00am to inform us. If we have not received a call, a member of our office staff will call you to ensure that your child is at home and is safe.

Dates for your diary...

Thursday 7th October - All year groups flu immunisations pm

Monday 25th October - Half Term holiday week

Monday 1st November - Children return to school from half term break



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Action for happiness
Living by our school values.

Each month, as part of our work based on our school values and to inspire practical actions for a happier and more caring society; our classes work through the action for happiness calendars. September is our self-care month. Understanding that self-care is not selfish, it's essential. No-one's perfect. But so often we compare our insides to other people's outsides. This month we're encouraging everyone to be kinder to themselves (as well as others), especially when things go wrong. Self-care increases our resilience and helps us get more out of life. It also helps us accept others as they are too.

Self-Care September 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Find time for self-care. It's not selfish, it's essential	2 Notice the things you do well, however small	3 Let go of self-criticism and speak to yourself kindly	4 Plan a fun or relaxing activity and make time for it	5 Forgive yourself when things go wrong. Everyone makes mistakes	6 Focus on the basics: eat well, exercise and go to bed on time	7 Give yourself permission to say 'no'
8 Be willing to share how you feel and ask for help when needed	9 Aim to be good enough, rather than perfect	10 When you find things hard, remember it's ok not to be ok	11 Make time to do something you really enjoy	12 Get active outside and give your mind and body a natural boost	13 Be as kind to yourself as you would to a loved one	14 If you're busy, allow yourself to pause and take a break
15 Find a caring, calming phrase to use when you feel low	16 Leave positive messages for yourself to see regularly	17 Notice what you are feeling, without any judgment	18 Ask a trusted friend to tell you what strengths they see in you	19 No plans day. Make time to slow down and be kind to yourself	20 Enjoy photos from a time with happy memories	21 Don't compare how you feel inside to how others appear outside
22 Take your time. Make space to just breathe and be still	23 Let go of other people's expectations of you	24 Accept yourself and remember that you are worthy of love	25 Find a new way to use one of your strengths or talents	26 Avoid saying 'I should' and make time to do nothing	27 Free up time by cancelling any unnecessary plans	28 Choose to see your mistakes as steps to help you learn
29 Write down three things you appreciate about yourself	30 Remind yourself that you are enough, just as you are					

ACTION FOR HAPPINESS **Happier · Kinder · Together**

PTA

We would like to say a huge welcome back to existing parents/carers and all those who are new to our fantastic school. This year will obviously be very different from previous years with regards to events, but we will keep you all updated in the weekly newsletters and on our Facebook page.

In the meantime, don't forget we still have our clothing recycling box, this is still being collected regularly and is an easy and safe way for us to raise some funds for the school.

We have also registered with AmazonSmile, we've been looking at ways to try to raise money for our PTA and came across AmazonSmile. It's a great way for us to raise money purely on donations from Amazon when you shop with them. It doesn't cost you any extra, but you do have to link your Amazon account to it and choose St. Paul's School PTA to start generating donations from your purchases.

For more information please see the post on our Facebook page (St Paul's Rawtenstall PTA) or you can contact us by email at stpaulsrawtenstalpta@gmail.com

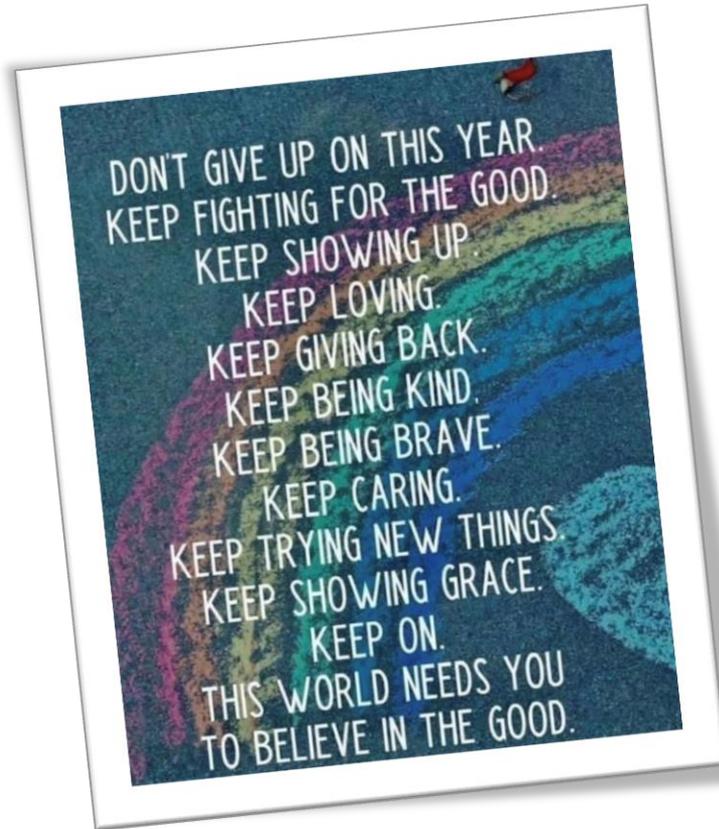
We look forward to a great year ahead!
 Kath McArragher (PTA chair)



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Reflective Friday



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