



ST. PAUL'S
CHURCH OF ENGLAND
PRIMARY SCHOOL

WEEKLY NEWSLETTER

ENGAGE - INSPIRE - ACHIEVE

From the words of St. Paul... 'Encourage one another and build each other up'.

Friday 15th January 2021

Headteacher News.



Your 'Take a break' gift for all staff has totally blown us away!!! As you know we love our school family and we always try to do everything we can to help any of you in need. On behalf of ALL the staff in school we would like to thank each and everyone of you for your overwhelming support, kindness, generosity and understanding at a time that is very difficult for everyone. We cannot thank you enough.

I have kept all the very kind, caring, compassionate and supportive messages that you have sent into school and this will be displayed alongside pictures of the wonderful gifts you kindly brought into school. I think it is important that you all know how much this has meant to many of our staff team and how on a very difficult week you have lifted them all with your wonderful gesture. If you would like to pass on any special comments then please email them to school@constablelee.lancs.sch.uk

Once we can all come together we can invite you in to see what you have done for our wonderful staff here at St. Paul's we can then show everyone who enters our school what an amazing school family we have!

Thank you so much, that's such a kind and thoughtful thing to do. Xx

Sending a massive thank you to all the parents! This is so kind and generous! X

That's so kind and thoughtful. 🙏 Aw wow, that's so kind! This has made me smile 😊

Aw! I'm so grateful for thinking of us and giving us such a lovely treat! X

It's so kind – this has made me a bit emotional tbh!

Aww this is so kind of them all to think of us all.

Thank you so much for thinking of us, it's a tough time for us all and it's amazing to be shown such an act of kindness to help us get through this together; which we will! Stay safe.



#staysafe #bekind #wearamask





It's that time of year... winter weather update

As part of our winter preparation, we regularly check the weather forecast and this weekend we are due to have a large amount of snowfall.

I would like to inform you that we take Health and Safety very seriously in school and in the unfortunate event of extreme weather; we will aim to remain open. If we have to close school due to dangerous weather conditions, please note that the decision is never taken lightly.

We will update our school's **Twitter page @StPaulsCESch** at the earliest opportunity. We will also update our PTA Facebook page, our school website and we will inform BBC Radio Lancashire.

Whilst waiting around our school grounds in your cars we would ask that you turn off your car engines in order to help to keep the air around school cleaner.

Class newsletters

You can find them by clicking on the class name using this link: [Class Newsletters](#)

Sports Desk Challenge - #21minutechallenge

Rossendale School Sports Partnership have put together a number of resources to help our children and families stay active during this lockdown. To support this, they have launched the 21 minute challenge. The aim is to take part in at least 21 minutes of continuous exercise every day, whether it is going out for a walk, taking part in a home learning task from school, playing out with siblings or completing a Joe Wicks workout. We are encouraging our school and home learners (and their families) to take part and log their daily activities. Please follow the home learning links on our school website for the activity log. It would be amazing to see as many of our families getting out and being active.

NSPCC

All children in school this week have taken part in a collective worship by the NSPCC. Discussions on how to keep safe followed up the advice given by the NSPCC.

They have information and advice for parents/carers on their [Coronavirus \(COVID-19\) advice and support for parents and carers](#) page.

This includes:

- [working from home](#),
- [parent/carer mental health](#),
- [advice for separated parents](#),
- [managing conflict and tension during lockdown](#),
- [supporting children with special educational needs](#)
- [Net Aware Online safety in lockdown hub](#), co-created with O2.

Free school meals. IF YOUR FINANCIAL CIRCUMSTANCES HAVE CHANGED – PLEASE READ BELOW. (Only applies to those who are not currently entitled to FSM).



For any parents, whose circumstances have changed and think their child(ren) maybe entitled to Free School Meals, please can an application form be completed. Parents can apply electronically via the link below or can complete a paper application form.

Registering for the Free School Meal service also means the school will receive additional funding for your child, which is called Pupil Premium.

https://lancashire-self.achieveservice.com/service/Free_school_meals_and_pupil_premium

Please note that younger siblings of pupils who are already entitled will not automatically qualify for Free School Meals. If a family's circumstances have changed and cease to be entitled to qualifying benefits, the elder children will be protected but any new children will not qualify. This is why Pupil Access Team require applications completing so they can properly assess new sibling's entitlement.



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Home Learning

We know as teachers that you are your child's first teacher. We know that many of you are working from home. We know how hard it is to work and ensure your child is completing the work set for them.

Following government guidance, we plan to continue to deliver our learning via our learning grids which will be supplemented by high quality video content such as Oak Academy, White Rose Maths and BBC Schools. In addition to this, we will provide daily learning materials for your child to complete at home. These can be found at <https://stpaulsrawtenstall.co.uk/home-learning-2/>

We believe this best suits our families at home, particularly those of you who are working full time and those with more than one child in school whilst also taking into consideration the work load of our teaching staff.

In addition, we will also be hosting live 'check in' sessions in the morning where your child will be able to speak to their child's class teacher alongside the other children currently learning from home. This will be delivered via scheduled Zoom meetings. On Thursday you should have received a One Drive Folder link via Parent Pay. Within this folder, you will see a document with your child's class name. There you can access a Zoom link and pass code. Please note, taking into account families who have more than one child in school, each class will have different times throughout the morning. These sessions will last no more than 15 minutes. The children currently in school will not be seen on screen due to safeguarding reasons.

The government have also advised that weekly feedback is provided. This will be done via email. Each class have an email address where you can upload your child's learning each week or where you can ask any questions to support your child's learning. You can find this email address on the One Drive file with your child's class name on. Please note, children in Blossoms Pod will continue to use See Saw.

Please remember that your child's teacher will be teaching throughout the day so may not be able to respond to questions immediately. We ask that any work is uploaded by a Thursday evening so class teachers can provide feedback on a Friday. If you are unable to access a printer to print out the learning activities, your child can record the answers on a piece of paper. Photos of the work can then be attached and sent to your child's class email. Staff will respond to any emails between the hours of 9:00am and 4:00pm.

Please be kind to yourselves. We are all facing uncertain times and we are all doing the best we can. We know how difficult it is to work from home and try to home teach children of different ages. **Do what works best for you and your families.**

The little people in our lives are the most important and if they are struggling, please do not feel guilty if you need to switch off. Go for a walk, read a book, listen to music, laugh and try to embrace this time together.

Their happiness, safety and well-being is paramount to us right now.



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Actions for Happiness

How can we start this new year happier? Things have certainly not been easy over the last year, and we are still in difficult and uncertain times. The best way to try to handle our difficult emotions and experiences is by focusing on what we can control. This month, we're encouraging everyone to focus on small steps to try to boost happiness - for ourselves and others around us - to spread kindness and hopefully inspire others to do the same.



ACTION CALENDAR: HAPPIER JANUARY 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <p>"Happiness is when what you think, what you say, and what you do are in harmony" - Gandhi</p>				<p>1 Find three good things to look forward to this year</p>	<p>2 Make time today to do something kind for yourself</p>	<p>3 Do a kind act for someone else to help to brighten their day</p>
<p>4 Write a list of things you feel grateful for in life and why</p>	<p>5 Look for the good in others and notice their strengths</p>	<p>6 Take five minutes to sit still and just breathe</p>	<p>7 Learn something new and share it with others</p>	<p>8 Say positive things to the people you meet today</p>	<p>9 Get moving. Do something physically active (ideally outdoors)</p>	<p>10 Thank someone you're grateful to and tell them why</p>
<p>11 Switch off all your tech 2 hours before bedtime</p>	<p>12 Connect with someone near you - share a smile or chat</p>	<p>13 Be gentle with yourself when you make mistakes</p>	<p>14 Take a different route today and see what you notice</p>	<p>15 Eat healthy food which really nourishes you today</p>	<p>16 Get outside and notice five things that are beautiful</p>	<p>17 Contribute positively to a good cause or your community</p>
<p>18 Focus on what's good, even if today feels tough</p>	<p>19 Get back in contact with an old friend you miss</p>	<p>20 Go to bed in good time and give yourself time to recharge</p>	<p>21 Take a small step towards an important goal</p>	<p>22 Try out something new to get out of your comfort zone</p>	<p>23 Plan something fun and invite others to join you</p>	<p>24 Put away digital devices and focus on being in the moment</p>
<p>25 Decide to lift people up rather than put them down</p>	<p>26 Say hello to a neighbour and get to know them better</p>	<p>27 Challenge your negative thoughts and look for the upside</p>	<p>28 Ask other people about things they've enjoyed recently</p>	<p>29 Use one of your personal strengths in a new way</p>	<p>30 Count how many people you can smile at today</p>	<p>31 Write down your hopes or plans for the future</p>

ACTION FOR HAPPINESS







www.actionforhappiness.org

Happier · Kinder · Together

Learn more about this month's theme at www.actionforhappiness.org/happier-january

PRIMARY SCHOOL ADMISSIONS - DEADLINE FOR APPLYING FOR PRIMARY SCHOOL PLACES IS TODAY!!

For families living in the Lancashire area who require a primary school place in September 2021 the means of application is via Lancashire's new online system at: www.lancashire.gov.uk/schools

This is a quick and easy way and offers an email receipt of all submitted applications. Please ensure that you hit the **'submit'** button when you are ready to send in your completed online application. You must apply even if you have siblings at your preferred school.

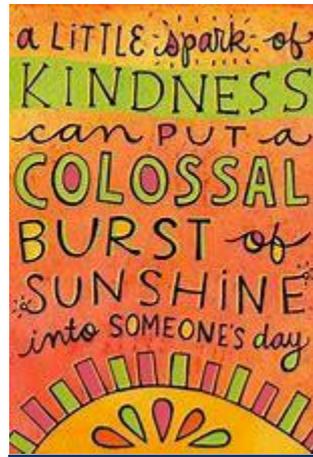


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Reflective Friday



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