



ST. PAUL'S
CHURCH OF ENGLAND
PRIMARY SCHOOL

WEEKLY NEWSLETTER

ENGAGE - INSPIRE - ACHIEVE

From the words of St. Paul... 'Encourage one another and build each other up'.

'I came to give life. Life in all its fulness'

John 10:10

Friday 10th September 2021

Headteacher updates...

School Absence

To enable us to safeguard our children, may we request that if your child is absent from school you, please telephone the school on 01706 215893 by 09:00am to inform us. If we have not received a call, a member of our office staff will call you to ensure that your child is at home and is safe.

Attendance to school this year is compulsory, and all children must attend every day unless they are ill or have symptoms of Covid.

We are unable to authorise any absences for holidays or leave requests that are not illness related unless in exceptional circumstances. There is a leave of absence form available from the school office however, we would ask that all holidays are taken within the holiday periods and not in term time, to avoid a fine from Lancashire County Council. A holiday list for this academic year is on our school website. [Holiday-List-2021-2022-1.pdf \(stpaulsrawtenstall.co.uk\)](https://www.stpaulsrawtenstall.co.uk/Holiday-List-2021-2022-1.pdf)

School grounds

We realise how difficult it can be to park close to school, especially on wet days however please be mindful of the same parking etiquette on school grounds. Please do NOT park in the disabled spaces or in our STAFF carpark even when dropping off and collecting for BYT and be respectful to our neighbours by not blocking their driveways or leave your engines running. We must all play a part in keeping our children safe. We would encourage as many of you to walk or cycle to school.

Starting Reception in 2022 or moving onto high school ...

For families living in the Lancashire area who require a primary or secondary school place in September 2022 you can now apply online via Lancashire's online system at:

www.lancashire.gov.uk/schools

This is a quick and easy way and offers an email receipt of all submitted applications. Please ensure that you hit the 'submit' button when you are ready to send in your completed online application. You must apply even if you have siblings at your preferred school or academy.

The closing dates for applications for September 2022 are at 11.59pm on:

Secondary applications - 31st October 2021

Primary applications - 15th January 2022



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Dinner Money

The cost of our daily lunch is £2.35. This allows you to ensure that your child has a choice of well-balanced meals each day. Payment should be paid via Parent Pay in advance at a charge of £11.75 per week

Free school meals and pupil premium

Your child will get free school meals if they're in Reception class, Year 1 or Year 2. You will however still need to register with us if you are in receipt of any of the following benefits as your child's school can get extra funding, called pupil premium. Children in years 3, 4, 5 or 6 could also be entitled to free school meals.

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit

If you require further information, please contact our school office.

Dates for your diary...

Thursday 7th October - All year groups flu immunisations pm

Monday 25th October - Half Term holiday week

Monday 1st November - School returns

Tuesday 3rd November - Children return to school from half term break

PTA

Just a quick reminder that our 'Recycle 4 School' drop box is still being collected regularly, so if you are having a clear out don't forget our clothing recycling bag drop for any unwanted clothing 😊. It's an easy and safe way for us to raise some funds for the school.

We have also registered with AmazonSmile, we've been looking at ways to try to raise money for our PTA and came across AmazonSmile. It's a great way for us to raise money purely on donations from Amazon when you shop with them. It doesn't cost you any extra, but you do have to link your Amazon account to it and choose St. Paul's School PTA to start generating donations from your purchases. For more information please see the post on our Facebook page (St Paul's Rawtenstall PTA) or you can contact us by email at stpaulsrawtenstallpta@gmail.com

It's not too late to join us for our new School lottery.

Please help support school with this new lottery, please visit

www.yourschoollottery.co.uk for all the details. It's easy to buy tickets, simply visit the website, click 'BUY TICKETS' and search 'ST PAUL'S ROSSENDALE', then click 'SUPPORT US' and 'BUY TICKETS'.

You need to create an account for yourself and pay directly to the lottery company.

As well as a guaranteed local cash prize every week, there is also a chance to win the jackpot of £25,000.

Kath McArragher (PTA chair)



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Action for happiness
Living by our school values.

Each month, as part of our work based on our school values and to inspire practical actions for a happier and more caring society; our classes work through the action for happiness calendars. September is our self-care month. Understanding that self-care is not selfish, it's essential. No-one's perfect. But so often we compare our insides to other people's outsides. This month we're encouraging everyone to be kinder to themselves (as well as others), especially when things go wrong. Self-care increases our resilience and helps us get more out of life. It also helps us accept others as they are too.

Self-Care September 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Find time for self-care. It's not selfish, it's essential	2 Notice the things you do well, however small	3 Let go of self-criticism and speak to yourself kindly	4 Plan a fun or relaxing activity and make time for it	5 Forgive yourself when things go wrong. Everyone makes mistakes	6 Focus on the basics: eat well, exercise and go to bed on time	7 Give yourself permission to say 'no'
8 Be willing to share how you feel and ask for help when needed	9 Aim to be good enough, rather than perfect	10 When you find things hard, remember it's ok not to be ok	11 Make time to do something you really enjoy	12 Get active outside and give your mind and body a natural boost	13 Be as kind to yourself as you would to a loved one	14 If you're busy, allow yourself to pause and take a break
15 Find a caring, calming phrase to use when you feel low	16 Leave positive messages for yourself to see regularly	17 Notice what you are feeling, without any judgment	18 Ask a trusted friend to tell you what strengths they see in you	19 No plans day. Make time to slow down and be kind to yourself	20 Enjoy photos from a time with happy memories	21 Don't compare how you feel inside to how others appear outside
22 Take your time. Make space to just breathe and be still	23 Let go of other people's expectations of you	24 Accept yourself and remember that you are worthy of love	25 Find a new way to use one of your strengths or talents	26 Avoid saying 'I should' and make time to do nothing	27 Free up time by cancelling any unnecessary plans	28 Choose to see your mistakes as steps to help you learn
29 Write down three things you appreciate about yourself	30 Remind yourself that you are enough, just as you are					

ACTION FOR HAPPINESS **Happier · Kinder · Together**

Reflective Friday



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