



**ST. PAUL'S**  
CHURCH OF ENGLAND  
PRIMARY SCHOOL

## WEEKLY NEWSLETTER

ENGAGE - INSPIRE - ACHIEVE

*From the words of St. Paul... 'Encourage one another and build each other up.'*

**Be strong and courageous.**

**Do not be afraid, for the Lord your God goes with you; he will never leave you.**

**Deuteronomy 31:6**

Friday 10<sup>th</sup> March 2023

### Headteacher's news



What an amazing way to start the week taking our choir to King Georges Hall to take part in 'Sing up Concert'. The children behaved impeccably and absolutely did our school proud with their fantastic singing and dancing.

A huge well done to Elms class this week who delivered an amazing worship to share all they have learned about the Stone Age. Their knowledge was fantastic and it is clear that they have really enjoyed the topic. Well done, Elms!



### Ofsted

A huge thank you to each and everyone of you who contributed throughout our recent Ofsted inspection. Our report is now live and will be sent to you as an email through Parentpay.

### Easter Service

This year, our Easter service will be held in St. Paul's church on Tuesday 28th April. Infants will take place at 9.30am and the juniors will be at 10.30am.

### Pupil Leaders

This week in our mindfulness group we were overwhelmed with over 40 Year 5 and 6 children choosing to attend our club at lunchtime. We always start our session with an emotion check in register and depending on the children's moods the Young Mental Health Ambassador's are on hand to offer support and strategies to uplift them. This week we all created our own stress balls while listening to some mindfulness music. At the end of the session we shared ideas on times that we could use this resource to help us.





### Strike information

As you aware from the press and previous newsletters, the National Education Union (NEU) intend to continue to carry out industrial action over the national pay offer, school funding offers and that their members plan to strike over a number of days in the coming months.

I will keep you informed as the situation develops. The next day of strike action on **Wednesday 15<sup>th</sup> March and Thursday 16<sup>th</sup> March.**

The impact of the action will mean that you will need to consider alternative childcare arrangements on these dates.

On Wednesday this will affect all classes other than Acorn Class & Sycamore Class.

On Thursday this will affect all classes other than Acorn Class, Sycamore Class and Ashes

Whilst as a school we regret any inconvenience this may cause; we must respect that the members of any profession/union have the right to take this action following a legal ballot.

### Red Nose Day on Friday 17<sup>th</sup> March 2023

Student Voice would like everybody to wear red on **Friday 17<sup>th</sup> March** - We have chosen not to sell red noses this year and instead dress in Red - this can be a full red outfit or just red socks or hat with your own clothes (any item can be red). During the day Student Voice will be running a design your own red nose competition for each class. If anyone would like to donate to Comic Relief we have added a £1 option on ParentPay to support this charity.

From

Student Voice

## St. Paul's Awards.

|                    | <u>Learner of the week</u> | <u>Topic award learner of the week.</u> | <u>Value winner</u> |
|--------------------|----------------------------|---|---------------------|
| Amazing Acorns     | Theo                       | Lily                                    | Armaan              |
| Awesome Ashes      | Hannah                     | Edsn                                    | Emmie               |
| Super Sycamores    | Ava B                      | Luca                                    | Oscar               |
| Outstanding Alders | Heidi                      | Joe                                     | Nuala               |
| Enchanted Elms     | Monroe                     | Hattie                                  | Annie               |
| Marvellous Maples  | James                      | George                                  | Ben B               |
| Dazzling Elders    | Millie                     | Joe C                                   | Mac                 |
| Wonderful Willows  | Hannah F                   | Joe H                                   | Toby B              |
| Mighty Oaks        | Will                       | Oliver C                                | Jasper              |
| Budding Blossoms   | Dean H                     |   |                     |





## Dates for your diary for the Spring term ...

|                                 |   |
|---------------------------------|---|
| Tuesday 21 <sup>st</sup> March  | Parents Evening   |
| Thursday 23 <sup>rd</sup> March | Parents Evening   |
| Tuesday 28 <sup>th</sup> March  | Easter Service - Venue TBC<br>Infant service - 9.30am<br>Junior service - 10.30am |
| Friday 31 <sup>st</sup> March   | School closes at 1.35pm for the end of term break                                 |

Keep up to date as more dates are to be added over the next few newsletters.

### PTA News

#### 🐰 EASTER HAMPER RAFFLE 🐰

🐰 We've got 3 lovely hampers for you to win this Easter.

📱 Tickets can be purchased now on ParentPay at £1 per ticket.  
Entries will close 9am Monday 27th March.

🕒 We'll draw the winners on Facebook on Monday 27th March at 7pm.

#### 😊 GOOD LUCK EVERYONE 😊

**WIN AN  
IPHONE 14  
PRO 128GB**  
WORTH OVER £1000

- Tickets cost just £1 a week
- Win an amazing new iPhone 14 Pro
- Please help give our fundraising a boost
- Win up to £25,000 every week

**PLAY NOW:**  
Scan the QR code or visit  
[www.yourschoollottery.co.uk](http://www.yourschoollottery.co.uk)  
And search for: St Paul's Rosendale

**YOUR SCHOOL LOTTERY**

It's not too late to join us for our new School lottery. Please help support school with this new lottery, you can visit [www.yourschoollottery.co.uk](http://www.yourschoollottery.co.uk) for all the details.

It's easy to buy tickets, simply visit the website, click 'BUY TICKETS' and search 'ST PAUL'S ROSSENDALE', then click 'SUPPORT US' and 'BUY TICKETS'.

You need to create an account for yourself and pay directly to the lottery company. As well as a guaranteed local cash prize every week, there is also a chance to win the jackpot of £25,000.

Also for anyone entering our Your School lottery before 25th March 2023 will also be entered into the draw for the chance to 'Win an iPhone 14 pro 128gb'.

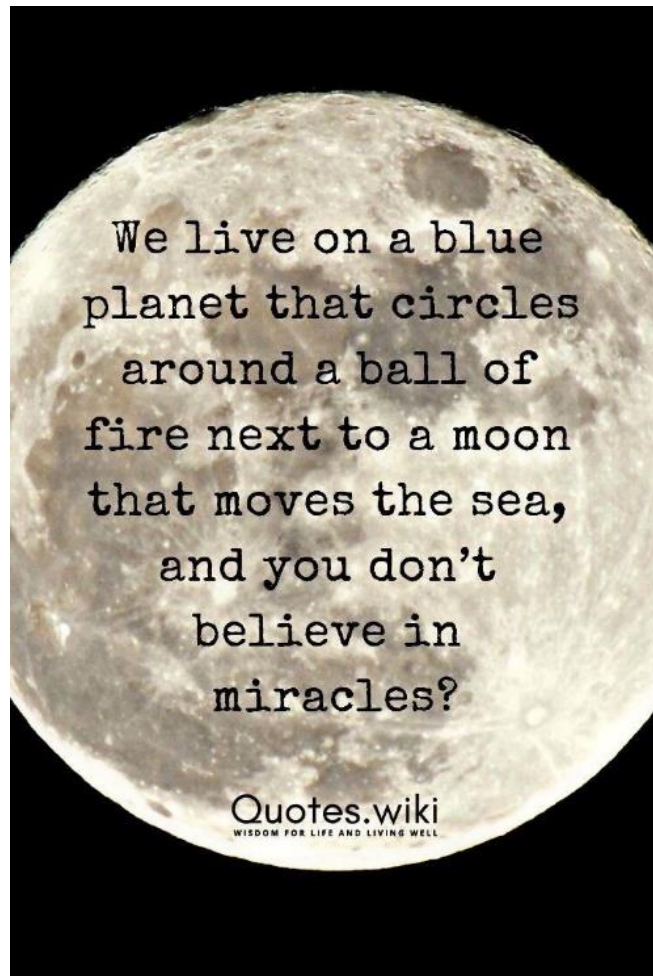
These prizes are on top of the usual cash prizes.

Good luck!  
Kath McArragher - PTA Chair





## Reflective Friday



# HAF

Rossendale  
Holiday Activities & Food



In Rossendale, we are running a **free holiday club programme** for children and young people who receive free school meals.

Come and enjoy fun activities, healthy meals, meet new people and learn new skills.

Scan me



Sessions run from Monday 3rd April to Friday 14th April 2023

For more information & to register visit [www.rltrust.co.uk/haf](http://www.rltrust.co.uk/haf)

Holiday activities for primary and secondary school age young people.



HOLIDAY ACTIVITIES  
AND FOOD PROGRAMME

rossendale  
leisure trust



Department  
for Education





## Action for Happiness

# Mindfulness March

Let's pause, breathe and notice, so we can respond more mindfully.

Mindful March 2023

MONDAY



6 If you find yourself rushing, make an effort to slow down

13 Pause to watch the sky or clouds for a few minutes today

20 Focus on what makes you and others happy today  
[dayofhappiness.net](http://dayofhappiness.net)

27 Appreciate nature around you, wherever you are

TUESDAY



7 Take three calm breaths at regular intervals during your day

14 Find ways to enjoy any chores or tasks that you do

21 Listen to a piece of music without doing anything else

28 Notice when you're tired and take a break as soon as possible

WEDNESDAY

1 Set an intention to live with awareness and kindness

8 Eat mindfully. Appreciate the taste, texture and smell of your food

15 Stop. Breathe. Notice. Repeat regularly

22 Notice something that is going well, even if today feels difficult

29 Choose a different route today and see what you notice

THURSDAY

2 Notice three things you find beautiful in the outside world

9 Take a full breath in and out before you reply to others

16 Get really absorbed with an interesting or creative activity

23 Tune into your feelings, without judging or trying to change them

30 Mentally scan your body and notice what it is feeling

FRIDAY

3 Start today by appreciating your body and that you're alive

10 Get outside and notice how the weather feels on your face

17 Look around and spot three things you find unusual or pleasant

24 Appreciate your hands and all the things they enable you to do

31 Discover the joy in the simple things of life

SATURDAY

4 Notice how you speak to yourself and choose to use kind words

11 Stay fully present while drinking your cup of tea or coffee

18 Have a 'no plans' day and notice how that feels

25 Focus your attention on the good things you take for granted

SUNDAY

5 Bring to mind people you care about and send love to them

12 Listen deeply to someone and really hear what they are saying

19 Cultivate a feeling of loving-kindness towards others today

26 Choose to spend less time looking at screens today



ACTION FOR HAPPINESS

Happier · Kinder · Together



# Online Safety

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about ARTIFICIAL INTELLIGENCE (AI) SOLUTIONS

AI solutions are becoming increasingly popular. Trained on vast datasets of text (such as books, articles and websites) in order to learn patterns and relationships, AI solutions can generate text, images, audio, video, code or synthetic data, and can be used for things such as crafting poems or books, creating digital imagery or delivering video content. Recently there's been significant discussion in relation to the benefits and risks of AI solutions, with many undecided on whether it will be a force for good or potentially reduce the need for some job roles.

### WHAT ARE THE RISKS?

- ROOM FOR INACCURACY**

AI solutions, such as language models, generate their responses purely based on the data they've been trained on, which often comes from sources on the internet. Whilst questions will often illicit relevant responses, if some of the information they've been 'fed' is incorrect, it follows that the answers too may contain factual errors or inaccuracies.
- REINFORCING BIAS**

AI solutions, such as those generating content or images, can perpetuate existing biases present in the data they were trained, whether through the algorithms written by humans or the content taken from the web. This could easily lead to biased responses and potentially reinforce existing stereotypes, such as those around gender, race or disability.
- IRRELEVANT INFORMATION**

AI solutions don't have the ability to understand the context or meaning behind a question or a user request. Although highly advanced, the AI relies entirely on the data it's been exposed to and is devoid of independent thought or reasoning, which could lead to irrelevant or even nonsensical responses to queries.
- LACK OF ACCOUNTABILITY**

Fundamentally, AI solutions are machines or technology programmes that don't have the ability to take responsibility for the responses they generate. This could lead to confusion or misunderstandings in certain cases if the answers are taken as given. For instance, image-generative AIs can lead to output clearly derived from other peoples' content but without any attribution to the original source artist's work.
- STIFLING CREATIVITY**

One of the potential risks of children and young people continually using AI solutions for things (such as their homework) is that eventually, they might become reliant on it. In the long term, this could potentially impact their development and hamper their ability to think creatively or solve problems independently without the aid of an AI tool.

### Advice for Parents & Carers

- CREATE A SAFE ENVIRONMENT**

If possible, try to be around when your child uses any type of AI solution and employ content filters to try and reduce the chance of profanity or age-inappropriate subjects appearing in responses. As with any kind of technology, it's important to ensure that children are using AI solutions responsibly and to be there to enable opportunities to discuss their use as part of a safe environment.
- PROMOTE CRITICAL THINKING**

Explain to your child that AI solutions can be used as one of many tools to help them research and learn, but that they shouldn't simply accept the responses they receive as the truth. Encourage them to question, verify and think critically about the information they get back – all of which apply equally to any website or platform they use.
- DISCUSS BIAS**

Talk to your child about the potential biases that may be present in the data that AI solutions are trained on, and how these viewpoints might find their way into the responses that AI generates. Again, with many things children might read online, it's healthy for them to consider whether the information is factual and presented fairly.
- ENCOURAGE HUMAN INTERACTION**

Not only should children supplement any use of software like AI with additional resources such as books and reputable internet sites, but they also should remember what they can learn from interaction with other people. Discussing things with teachers, relatives and friends isn't just an important and often invaluable aspect of learning – it's an essential part of life, too.
- CHECK SCHOOL RULES**

Make yourself aware of any rules or guidance your child's school might have about the use of AI solutions. Most software is still extremely new, so many schools may not yet have a policy, however, it's important to make sure your child is aware of how to use it appropriately and will be using it for the right reasons.

### Meet Our Expert

Gary Henderson is the Director of IT at a large boarding school in the UK, having previously taught in schools and colleges in Britain and the Middle East. With a particular interest in digital citizenship and cyber security, he believes it is essential that adults and children alike become more aware of the risks associated with technology, as well as the many benefits.

**NOS National Online Safety®**  
#WakeUpWednesday

Source: <https://openai.com/blog/chatgpt/> | <https://generativeai.net/> | <https://www.mckinsey.com/featured-insights/mckinsey-explainers/what-is-generative-ai>

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 16.02.2023

models, generate their responses





*Wishing you all a lovely weekend filled with fun and laughter.*

*Mrs Charlesworth*

