



ST. PAUL'S
CHURCH OF ENGLAND
PRIMARY SCHOOL

WEEKLY NEWSLETTER

ENGAGE - INSPIRE - ACHIEVE

From the words of St. Paul... 'Encourage one another and build each other up'.

Friday 23rd April 2021

Headteacher News.

What a lovely end to the week with the sun shining brightly. I hope the sun stays around and you all have a lovely weekend with your families. We have had a busy week in school with lots of things going on.



I was so proud to hear about our very own local heroes who have been busy after school picking up litter from around the ring road and school. Thank you Annabelle and Bella- your hard work is much appreciated! I think the girls have highlighted the importance of using the bins around school or taking your rubbish home to help protect the environment. This was something we discussed around school yesterday as we celebrated Earth day.



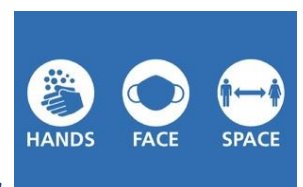
Awesome Artwork


This week, all the children have taken part in an art day, focusing on portraits. The children have studied the work of a portrait artist and developed their own skills in drawing. We are so proud of the amazing artwork they have produced and want to share some with you.

We have created our own online Art gallery to celebrate all the learning and development of skills over the year. We hope you enjoy our wonderful creations by following this link <https://padlet.com/hnolan7/o6bos4ychnse9l9>



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Picture News- Impact Award

I am extremely proud to announce that we have received the 'Picture News Impact Award for 2021' for all our work in the community such as raising money for Rossendale Hospice, food donations for Raft and our little bags of hope and Easter cards which we posted across the valley. We are very proud! Well done St Paul's! Thank you again to you all for your help towards this.



September 2021 Starters

Congratulations on securing your school place for September. Over the next couple of weeks, we will be working hard to ensure the transition for your child is as smooth as possible. You will shortly be receiving further information in the post. We are looking forward to welcoming your child to our school family.



Lancashire Adult Learning

All the courses are accessible here: https://padlet.com/Family_Learning_LAL/familycourses

What's On - FREE, ONLINE Family Learning with Lancashire Adult Learning

We've lots on in April and May, from LEGO and STEM clubs to Family English, Maths and accredited courses around working in a school/ childcare environment...and more! Have a look and sign up and enjoy some Family Learning fun with Lancashire Adult Learning! Contact laura.myers@nelsongroup.ac.uk for more information

Music Lessons

****Price increase warning - from September 2021 - Prices will increase to £6.00 per lesson/week ****

Free school meals.



For any parents/carers, **whose circumstances have changed** and think their child(ren) maybe entitled to Free School Meals, please can an application form be completed. Parents can apply electronically via the link below or can complete a paper application form.

Registering for the Free School Meal service also means the school will receive additional funding for your child, which is called Pupil Premium.

https://lancashire-self.achieveservice.com/service/Free_school_meals_and_pupil_premium

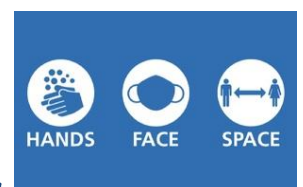
Please note that younger siblings of pupils who are already entitled **will not** automatically qualify for Free School Meals. If a family's circumstances have changed and cease to be entitled to qualifying benefits, the elder children will be protected but any new children will not qualify. This is why Pupil Access Team require applications completing so they can properly assess new sibling's entitlement.



**** School Meals - Price increase warning. From September 2021 price will increase by 5p to £2.35 per day (£11.75 per week).****



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Dates for your diary...

- Monday 10th May - Tempest Photography- 'Class' school photos
- Monday 3rd May - School closed 'BANK HOLIDAY'
School re opens again Tuesday 4th May
- Thursday 13th May - RECEPTION CLASS ONLY - Vision Screening
- Monday 31st May - Friday 4th June - Closed for 'HALF TERM'
School re-opens again Monday 7th June.

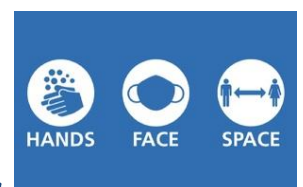
Reflective Friday

LITTLE WAYS TO HAVE A BIG IMPACT
How to help the planet one little step at a time!

- Walk instead of drive
- Shorten your shower
- Use eco-friendly cleaning products
- Re-use and refill
- Prep your meals to reduce waste
- Always check the recycling instructions
- Shop locally and ethically
- Shop second-hand or repair your clothes
- Turn appliances off at the wall



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Action for happiness: Active April

Keeping active is a great way to boost our mental wellbeing. So this month we're encouraging everyone to get moving and get outdoors as much as possible. Whatever your circumstances or physical limitations, you can find your own ways to be a bit more active. We don't need to run marathons - there are simple things we can all do to take care of our bodies, like unplugging from technology, reconnecting with nature and getting more sleep!

Active April 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 1. Commit to being more active this month, starting today	 2. Listen to your body and be grateful for what it can do	 3. Spend as much time as possible outdoors today	 4. Have a day free from TV or screens and get moving instead	 5. Eat healthy and natural food today and drink lots of water	 6. Turn a regular activity into a playful game today	 7. Do a body-scan meditation and really notice how your body feels
 8. Get natural light early in the day. Dim the lights in the evening	 9. Give your body a boost by laughing or making someone laugh	 10. Turn your housework or chores into a fun form of exercise	 11. Be active outside. Dig up weeds or plant some seeds	 12. Set yourself an exercise goal or sign up to an activity challenge	 13. Move as much as possible, even if you're stuck inside	 14. Make sleep a priority and go to bed in good time
 15. Relax your body & mind with yoga, tai chi or meditation	 16. Get active by singing today (even if you think you can't sing!)	 17. Go exploring around your local area and notice new things	 18. Make time to run, swim, dance, cycle or stretch today	 19. Have a 'no screens' night and take time to recharge yourself	 20. Spend less time sitting today. Get up and move more often	 21. Focus on 'eating a rainbow' of multi-coloured vegetables today
 22. Regularly pause to stretch and breathe during the day	 23. Enjoy moving to your favourite music. Really go for it	 24. Go out and do an errand for a loved one or neighbour	 25. Get active in nature. Feed the birds or go wildlife-spotting	 26. Try a new online exercise, activity or dance class	 27. Take an extra break in your day and walk outside for 15 minutes	 28. Find a fun exercise to do while waiting for the kettle to boil
 29. Meet a friend outside for a walk and a chat	 30. Become an activist for a cause you really believe in					

ACTION FOR HAPPINESS **Happier · Kinder · Together**



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