



ST. PAUL'S
CHURCH OF ENGLAND
PRIMARY SCHOOL

WEEKLY NEWSLETTER

ENGAGE - INSPIRE - ACHIEVE

From the words of St. Paul... 'Encourage one another and build each other up'.

Friday 28th May 2021

Headteacher News

We have reached the end of another half term and I would just like to take this opportunity to thank all of you for your continued support. It has been a very hard year for everyone for lots of different reasons with so many ups and downs. We are so proud of all our children who have overcome so many adversities. A huge thank you also to our amazing team of staff who, despite their own adversities, have provided the best for your children.

We hope you all have a lovely bank holiday and enjoy the half term break. We look forward to seeing you all back in school on Monday 7th June.

Urgent Covid-19 information.

As you will be aware, the infection rate in the valley is rising rapidly. This week we have had to close a bubble due to an outbreak, a few local schools have had to close due to an overwhelming number of cases. The virus has not gone away, we know that you all want to go back to living life as it was prior to Covid. However we need to still play an active role in trying to contain and reduce the virus in our local area. **We urge families to continue to follow the guidelines over the half term so we can continue to keep our staff, children and your families as safe as possible.**

How to get a rapid test

There are a number of other ways you can access rapid testing:

- To order home testing kits online:
<https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>
- Many business offer [workplace testing programmes](#), on-site or at home.
- You can [collect home testing kits](#) at your local test site
- You can collect a box of 7 rapid tests to use twice a week at home at participating pharmacies.
[Find your nearest site here.](#)

If over the holidays your child shows any symptoms of COVID-19, please book a PCR test for your child and inform school as soon as possible by emailing school@constablelee.lancs.sch.uk



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If your child is unwell in anyway, **please do not bring** them into school. If they have any symptoms it is always better to have them tested and remain at home until the test results are returned for each member of the family who has been tested.

Free Online Courses

Lancashire Adult Learning are providing free courses for parents/carers of children who are starting primary school and children who are starting secondary school. If you are interested in taking part in the Ready, Steady School and Moving On: Year 7 Maths please email laura.myers@nelsongroup.ac.uk for the dates available.

Mask your face not your feelings - Shout

Shout is a 24/7 text service, free on all major mobile networks in the UK, for anyone in crisis. It is a place to go if you are struggling to cope and you need immediate help. At the heart of the service is a team of volunteers who take people from crisis to calm every single day.



Love to Ride Lancashire



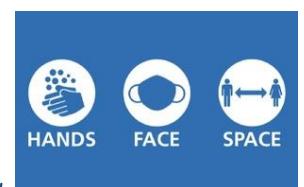
The return to school, and arrival of summer, is a great opportunity to try and change your travel habits. Can you ride all or part of the way to work? If not, rides for fun count too. Love to Ride will give you all the help you need to start biking or cycle more often. You can also set goals, track your progress, and get advice on everything from where to ride, riding with kids and commuting to work and you will be entered into prize draws.

The next event is Bike Month, taking place throughout June. It is a great opportunity to enjoy some fresh air and fun as well as winning some brilliant prizes - including two brand new Cannondale bikes worth £2,500 each!

It only takes a minute to register at lovetoride.net/lancashire



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 HEALTHIER & HAPPIER STAFF Healthier & happier workers = fewer sick days & increased productivity	 VIRTUAL & FREE An entirely free and virtual programme whether staff are working from home or the office full time, part time or casually	 SUPPORT MENTAL HEALTH Staff can increase physical activity and improve their wellbeing while connecting with colleagues and friends online	 BE SUSTAINABLE Contribute to lower carbon emissions, improved air quality, reduced noise pollution, and help ease congestion	 ENHANCE REPUTATION Responsible leadership and safeguarding of employee health and wellbeing
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Safeguarding - Social Media

Please can we ask that all parents regularly check their child's social media regularly in order to keep them and their friends safe from harm.

PTA News

🎉 NEW LOTTERY 🎉 BIGGER PRIZES 🎉

Last Saturday was our first draw in our new lottery, congratulations to our first winner (winners are contacted by email). It's not too late to join us for our second week.

😊 Please help support school with this new lottery, please visit www.yourschoollottery.co.uk for all the details.

It's easy to buy tickets, simply visit the website, click 'BUY TICKETS' and search 'ST PAUL'S ROSSENDALE', then click 'SUPPORT US' and 'BUY TICKETS'.

You need to create an account for yourself and pay directly to the lottery company.

As well as a guaranteed local cash prize every week, there is also a chance to win the jackpot of £25,000.

Any supporters that sign up before 5th June 2021 also get put into the draw to win 1 of 5 £100 B&Q Gift Cards.

Good luck everyone
Kath McArragher (PTA Chair)

Dates for your diary...

Monday 31st May - Friday 4th June - Closed for 'HALF TERM'

School re-opens again Monday 7th June.

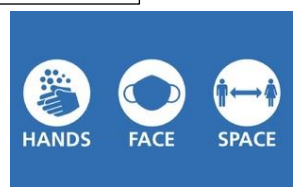
Monday 7th June - Year 6 Heart Start Training

Tuesday 8th June - Dental Outreach Programme- whole school

Wednesday 9th June - Willows class swimming- St Peter's



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Action for happiness: Meaningful May

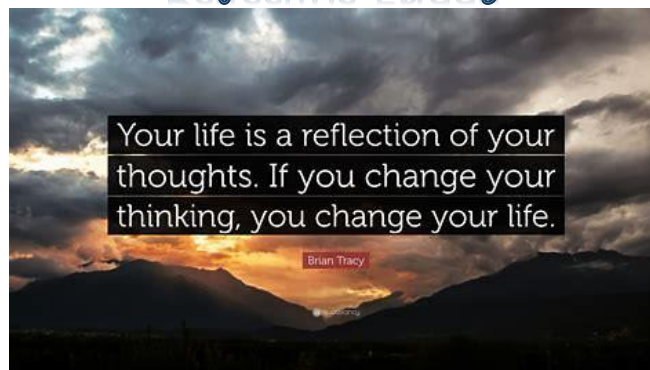
This month's theme is all about reflecting on what gives our life meaning. Being a part of something bigger than ourselves and focusing on things that we value is key to our wellbeing. So let's take time to reflect on what we care about this month and keep these things at the front of our minds as our societies begin to open up again.

Meaningful May 2021

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Make a list of what matters most to you and why	2 Do something kind for someone you really care about	3 Focus on what you can do rather than what you can't do	4 Take a step towards an important goal, however small	5 Send your friend a photo from a time you enjoyed together	6 Look for people doing good and reasons to be cheerful	7 Let someone know how much they mean to you and why
8 Set yourself a kindness mission to help others today	9 Notice the beauty in nature, even if you're stuck indoors	10 What values are important to you? Find ways to use them today	11 Be grateful for the little things, even in difficult times	12 Listen to a favourite piece of music and remember what it means to you	13 Look around for things that bring you a sense of awe and wonder	14 Find out about the values or traditions of another culture
15 Do something to contribute to your local community	16 Look up at the sky. Remember we are all part of something bigger	17 Show your gratitude to people who are helping to make things better	18 Find a way to make what you do today meaningful	19 Send a hand-written note to someone you care about	20 Reflect on what makes you feel valued and purposeful	21 Share photos of 3 things you find meaningful or memorable
22 Find a way to help a project or charity you care about	23 Share a quote you find inspiring to give others a boost	24 Recall three things you've done that you are proud of	25 Make choices that have a positive impact for others today	26 Ask someone else what matters most to them and why	27 Remember an event in your life that was really meaningful	28 Focus on how your actions make a difference for others
29 Do something special and revisit it in your memory tonight	30 Today do something to care for the natural world	31 Find three reasons to be hopeful about the future				

ACTION FOR HAPPINESS **Happier · Kinder · Together**

Reflective Friday



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