



**ST. PAUL'S**  
CHURCH OF ENGLAND  
PRIMARY SCHOOL

## WEEKLY NEWSLETTER

ENGAGE - INSPIRE - ACHIEVE

*From the words of St. Paul... 'Encourage one another and build each other up'.*

Friday 25<sup>th</sup> June 2021

### Headteacher News

The weeks are flying by, and we are getting ever closer to the end of term. Our teachers are currently working hard on finalising your child's report which will be sent home on Tuesday 6<sup>th</sup> July. Within your child's report you will find information about which class your child/ren will be in from September and who their class teacher will be. There will also be an appointment slip for a parents' evening should you wish to discuss the content of your child's report further which will take place on Thursday 8<sup>th</sup> July. Please return the slips by Wednesday 9<sup>th</sup> July if you would like to meet with your child's teacher so an appointment can be made for you via Teams.

During the final week of term, your child will be spending some time in our Forest School with their new class and teaching staff as part of their transition. Further details will be sent out next week.

Thank you to all the families who continue to remain vigilant as we continue to work together to reduce the number of positive COVID cases. Please can I remind all families that **if anyone in your household or bubble display symptoms of COVID then the whole household must isolate until the test results come back.** Please inform school of any positive results as soon as possible by emailing [school@constablelee.lancs.sch.uk](mailto:school@constablelee.lancs.sch.uk) Thank you for your support and understanding.

### Sports Day Update

You may be aware that schools in Lancashire have been advised that due to the unknown of the Delta variant and the continued rise of positive cases, that parents are unable to attend school site to spectate any sports day events. As a school that loves sport, we are as disappointed as you to not be able to invite you in. However, we must follow advice and continue to keep you, your families and all our staff and their families as safe as possible.

Sports days will take place in classes and each class will have a set day. Please read your child's class newsletter for more details. School staff will take lots of pictures and we will add these to our website. Please note, if your child is a Year 6 child in Willows, they will have two sessions. Please see below for the planned dates. Children should come to school on this date wearing their PE kits.



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	<i>Week beg 5<sup>th</sup> July</i>	<i>Week beg 12<sup>th</sup> July</i>
<b>Monday</b>	Acorns (pm)	Year 6 - <b>both Oaks and Willows</b> (pm)
<b>Tuesday</b>	Elders (pm)	Ashes (pm)
<b>Wednesday</b>	Sycamores (pm)	Alders (pm)
<b>Thursday</b>	Willows (pm)	
<b>Friday</b>	Elms/Blossoms (pm)	

\*\*\*KS1 (Y2) children moving up to KS2 (Y3) \*\*\*

### Re: School Meals in Year 3

As you will be aware, the Infant Free School Meal initiative, funded by the Department for Education, is now coming to an end for your child. From 2<sup>nd</sup> September you will have to pay for your child's meal unless you are eligible for free school meals.

You can check if you are eligible by visiting:

<https://www.gov.uk/apply-free-school-meals>

Registering for the Free School Meal service also means the school will receive additional funding for your child, which is called Pupil Premium. We are able to utilise these funds to support your child's education whilst at St. Paul's, this could be used for additional learning support and providing extra-curricular activities.

School dinners are optional and are charged at £2.35 per day, working out at £11.75 for the week.

### Dates for your diary...

Thursday 24<sup>th</sup> June- 1:15pm Year 6 Heights and Weights

Tuesday 6<sup>th</sup> July- Reports Home

Thursday 8<sup>th</sup> July- Parents' Evening

Friday 16<sup>th</sup> July- Finish school for Summer at 1:35pm

Monday 19<sup>th</sup> July and Tuesday 20<sup>th</sup> July- INSET days

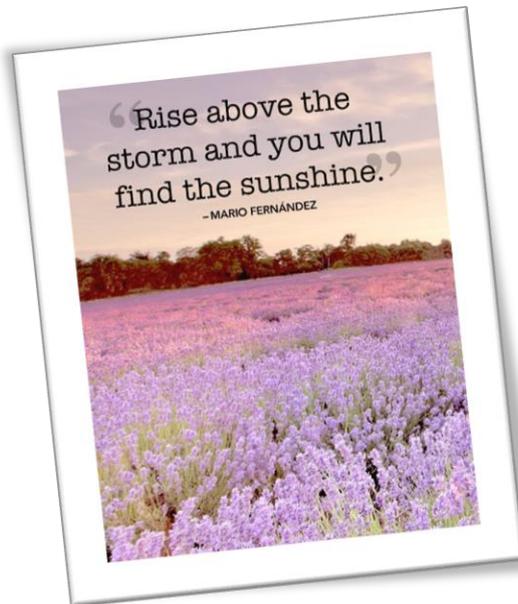


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# Reflective Friday



## Action for happiness: Joyful June

This month's theme is all about finding the joy in life, even when things are difficult. Research has shown that experiencing positive emotions in a 3-to-1 ratio with negative ones leads to a tipping point beyond which we naturally become more resilient to adversity. So let's train our brains to find the joy.

**Joyful June 2021**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. Decide to look for what's good every day this month	2. Say positive things in your conversations with others	3. Re-frame a worry and try to find a helpful way to think about it	4. Take a photo of something that brings you joy and share it	5. Think of 3 things you're grateful for and write them down	6. Get out into green space and feel the joy that nature brings	
7. Do something healthy which makes you feel good	8. Find joy in music; sing, play, dance, listen or share	9. Ask a friend what made them happy recently	10. Bring joy to others by doing something kind for them	11. Eat good food that makes you happy and really savour it	12. Write a gratitude letter to thank someone	13. Take a light-hearted approach. Choose to see the funny side
14. Share a happy memory with someone who means a lot to you	15. Look for something to be thankful for where you least expect it	16. Speak to others in a warm and friendly way	17. Take time to notice things that you find beautiful	18. Look for something good in a difficult situation	19. Get outside and find the joy in being active	20. Rediscover and enjoy a fun childhood activity
21. Send a positive note to a friend who needs encouragement	22. Watch something funny and enjoy how it feels to laugh	23. Create a playlist of uplifting songs to listen to	24. Bring to mind a favourite memory you feel grateful for	25. Show your appreciation to people who are helping others	26. Make time to do something playful, just for the fun of it	27. Be kind to you. Do something that brings you joy
28. Notice how positive emotions are contagious between people	29. Share a friendly smile with people you see today	30. Make a list of the joys in your life (and keep adding to it)				

**ACTION FOR HAPPINESS**      **Happier · Kinder · Together**



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