



**ST. PAUL'S**  
CHURCH OF ENGLAND  
PRIMARY SCHOOL

# WEEKLY NEWSLETTER

ENGAGE - INSPIRE - ACHIEVE

*From the words of St. Paul... 'Encourage one another and build each other up'.*

Friday 9<sup>th</sup> July 2021

## Headteacher News



We would like to warmly welcome Miss Gribben who will be joining our school family from September 2021.

Miss Gribben will be covering Miss Yates' maternity leave until July 2022. Lots of our children and staff have already met Miss Gribben as she has covered a few classes around school.

Thank you to all the families who continue to remain vigilant as we continue to work together to reduce the number of positive COVID cases.

Please can I remind all families that **if anyone in your household or bubble display symptoms of COVID then the whole household must isolate until the test results come back.**

Please inform school of any positive results as soon as possible by emailing [school@constablelee.lancs.sch.uk](mailto:school@constablelee.lancs.sch.uk) Thank you for your support and understanding.

## The morning after the night before

If your child is a football fan and likely to be staying up until after 11pm on Sunday to watch the Final, then let them stay in bed a bit longer and get to school by 10.30am on Monday. We would rather have children rested and in school ready to learn rather than absent all day or grumpy! 😊

BYT will still open at the normal time for those who normally attend. School will still start at the normal time but children arriving up to 10.30am won't be marked as late, and they won't miss any 'lessons'. There will be no school uniform on Monday but instead please dress in Red, White and Blue.

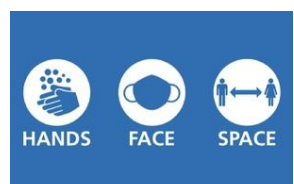
It's 55 years since England reached a major football final so let them watch and talk about it...talk about pride and resilience and possible disappointment. This is a learning opportunity!



Thank you to Rossmere Primary School for the idea!



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### Wellies

If your child's wellies need replacing, we have lots of spare pairs which are looking for new homes. Mrs Smith will open the garage on the junior playground every afternoon next week from 3pm. Please feel free to take what you need for your family. If you have wellies at home that your child has grown out of and are still able to be used. Please feel free to bring them along so that others can benefit from their use.

### End of Term Arrangements

Please check below to confirm the closing time for your child's bubble on Friday 16<sup>th</sup> July if they are not in BYT. **Please can we remind parents of children who attend BYT on Friday 16<sup>th</sup> July that it will close at 5.00pm.**

Bubble number	Name	Collection time
1	Acorns -Miss Cavaney Ashes Miss Pounder	1.30pm
2	Sycamores – Miss Fielding Alders Miss Cowgill	1.40pm
3	Elms – Mrs De Boutemard Maples – Miss Karimdad Blossoms- Miss Bishop	1.30pm
4	Elders – Mrs Nolan Willows Year 5 – Mrs Cooper/ Mrs Todd	1.40pm
5	Year 6 Willows and Oaks	3.10pm

### Sports Day Update

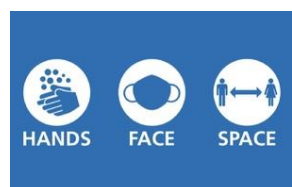
You may be aware that schools in Lancashire have been advised that due to the unknown of the Delta variant and the continued rise of positive cases, that parents are unable to attend school site to spectate any sports day events. As a school that loves sport, we are as disappointed as you to not be able to invite you in. However, we must follow advice and continue to keep you, your families and all our staff and their families as safe as possible.

Sports days will take place in classes and each class will have a set day. Please read your child's class newsletter for more details. School staff will take lots of pictures and we will add these to our website. Please note, if your child is a Year 6 child in Willows, they will have two sessions. Please see below for the planned dates. Children should come to school on this date wearing their PE kits.

	<i>Week beg 12<sup>th</sup> July</i>
<b>Monday</b>	Sycamores (PM) rescheduled from last week
<b>Tuesday</b>	Ashes (pm)
<b>Wednesday</b>	Alders (pm)
<b>Thursday</b>	Maples (am)



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### Reading books.

Please ensure that all reading books are returned to school no later than Monday 12<sup>th</sup> July. Any books that are not returned will unfortunately have to be charged for. Please take the time to look through shelves at home and return any books that you may have. We have spent £6000 on reading books in KS1 this year and many have not been returned.

### Information about our return in September

As we start to plan for September, we have thought about what the last 18 months has given us. There are many things that the pandemic has brought, and much of it, we will all be glad to see the end of. However, some things have really worked well and have allowed us to reflect and gain more learning time for our classes. With this in mind, we have made the following changes ready for September.

### Change in PE kit

As from September we will be keeping the PE day so the children will come to school in a PE kit for the whole day. We have found that we do not lose lesson time due to changing and can have longer PE sessions. The children are losing less items, which in turn reduces your costs and time spent looking for them. The kit remains the white t-shirt and navy shorts, but we are adding a St. Paul's hoody and navy-blue tracksuit bottoms or navy-blue leggings for the girls. This can be purchased at Amins on Bank Street along with the rest of our uniform. The PE hoody should only be worn on PE days, sporting events and on School trips. The school jumper must be worn on all other days.

We will continue to have the staggered start and end to the day and staggered play and lunchtimes as this has led to less children on the yard, more space to play and less injuries. It has also helped to calm some of with the traffic congestion at the start and end of the day.

Bubble	Class	Start Time	Finish Time
1	Acorns - Miss Cavaney Ashes - Miss Pounder	8.40 am	3.00 pm
2	Sycamores - Miss Fielding Alders - Miss Cowgill	8.50 am	3.10 pm
3	Elms - Miss Gribben Maples - Mrs DeBoutemard	8.40 am	3.00 pm
4	Elders - Mrs Nolan Willows - Mrs Cooper/Mrs Todd Oaks - Mrs Lee	8.50 am	3.10 pm

We will continue to keep you updated over the summer as to what our opening arrangements will be for September 2021.

### Parking

We are very fortunate to have a limited number of parking spaces within the school grounds, many schools do not have this facility. We have a small number of parents/visitors who are parking or stopping in areas such as the staff car park, disabled spaces, the bus stop or on the zigzag areas/lines. As well as risking a child's life by making the roads hazardous to cross, you could also be issued with a penalty charge notice (PCN) of £70.

If you are asked to move by another parent or member of staff, please do not be abusive towards them, if you are parked in the wrong place, it is you in the wrong not them - They are trying to save the lives of others!

We realise how difficult it can be to park close to school, especially on wet days, however, please be mindful of the same parking etiquette on school grounds and be respectful to our neighbours by not blocking their driveways or leave your engines running. We must all play a part in keeping our children safe. We would encourage as many of you to walk or cycle to school.



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\*\*\*KS1 (Y2) children moving up to KS2 (Y3) \*\*\*

### Re: School Meals in Year 3

As you will be aware, the Infant Free School Meal initiative, funded by the Department for Education, is now coming to an end for your child. From 2<sup>nd</sup> September you will have to pay for your child's meal unless you are eligible for free school meals.

You can check if you are eligible by visiting:

<https://www.gov.uk/apply-free-school-meals>

Registering for the Free School Meal service also means the school will receive additional funding for your child, which is called Pupil Premium. We are able to utilise these funds to support your child's education whilst at St. Paul's, this could be used for additional learning support and providing extra-curricular activities.

**School dinners are optional and are charged at £2.35 per day, working out at £11.75 for the week.**

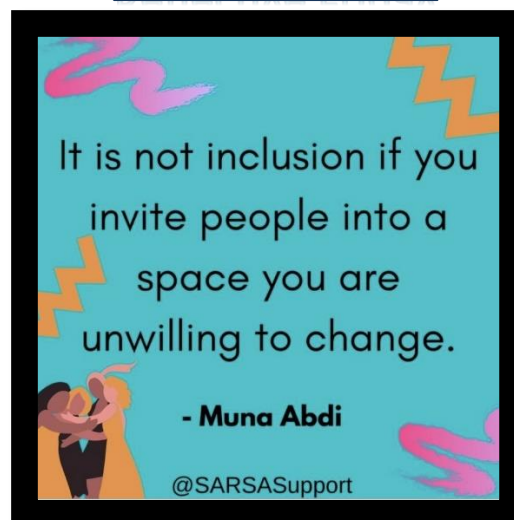
### Dates for your diary...

Friday 16<sup>th</sup> July- Finish school for Summer at 1:30pm/1:40pm (3:10pm for Year 6 children)

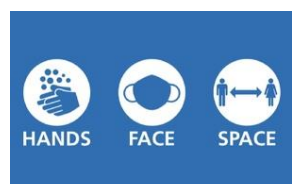
Monday 19<sup>th</sup> July and Tuesday 20<sup>th</sup> July- INSET days

Monday 19<sup>th</sup> July- additional session for our Year 6 children

### Reflective Friday



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# Action for happiness: Jump Back up July

This month's theme is all about resilience and understanding how we can build skills that will help us to bounce back. We can't always predict or control what life throws at us, but we can build a range of skills and nurture our resources to help us respond flexibly, effectively deal with challenges, recover more quickly and even learn and grow as a result. We'd love you to share our calendar below with it's suggestions for how to build resilience this month

**Jump Back Up July 2021**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Take a small step to help overcome a problem or worry	2 Adopt a growth mindset. Change "I can't" into "I can't...yet"	3 Be willing to ask for help when you need it	4 Find something to look forward to today	5 Get the basics right: eat well, exercise and go to bed on time	6 Pause, breathe and feel your feet firmly on the ground	7 Shift your mood by doing something you really enjoy
8 Avoid saying "must" or "should" to yourself today	9 Put a problem in perspective by seeing the bigger picture	10 Reach out to someone you trust and share your feelings with them	11 Look for something positive in a difficult situation	12 Write your worries down and save them for a specific 'worry time'	13 Challenge negative thoughts. Find an alternative interpretation	14 Get outside and move to help clear your head
15 Set yourself an achievable goal and take the first step	16 Find fun ways to distract yourself from unhelpful thoughts	17 Use one of your strengths to overcome a challenge today	18 Let go of the small stuff and focus on the things that matter	19 If you can't change it, change the way you think about it	20 When things go wrong, pause and be kind to yourself	21 Identify what helped you get through a tough time in your life
22 Find 3 things you feel hopeful about and write them down	23 Remember that all feelings and situations pass in time	24 Choose to see something good about what has gone wrong	25 Notice when you are feeling judgmental and be kind instead	26 Catch yourself over-reacting and take a deep breath	27 Write down 3 things you're grateful for (even if today was hard)	28 Think about what you can learn from a recent problem
29 Be a realistic optimist. Focus on what could go right	30 Reach out to a friend, family member or colleague for support	31 Remember we all struggle at times - it's part of being human				

**ACTION FOR HAPPINESS** **Happier · Kinder · Together**



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