



ST. PAUL'S
CHURCH OF ENGLAND
PRIMARY SCHOOL

WEEKLY NEWSLETTER

ENGAGE - INSPIRE - ACHIEVE

From the words of St. Paul... 'Encourage one another and build each other up'.

Friday 16th July 2021

Headteacher News

Where do I start? The past 18 months have been a period of time that we will never forget. From home learning, endless zoom meetings, bubbles, three lions on the shirt to the excitement of an additional bank holiday in 2022 to celebrate the Queen's Jubilee. However, despite the constant ups and downs and the uncertainties of life, I genuinely believe it has taught us the true meaning of life; great resilience and to always take the positive from every situation.

I would like to say a huge thank you to you, the parents and carers of our children. Your support, understanding, kind words and smiles have raised the spirits of our staff more than you will ever know.

To all the staff and governors at St Paul's... thank you. We are extremely fortunate to be surrounded by such dedicated people who come to work every day, despite facing their own adversities, to provide the absolute best they can for your children. No matter what your role is in school...we could not have done it without you.

To our amazing year 6 pupils...

We're glad we've been your teachers,
It's time to say goodbye.

We've made some cherished memories,
as we have watched you learn and grow.

We hope that all the things we've taught,
will help you along you along the way.

We really hope you come back,
and share your success with us one day.

I can't believe the end is here.
We don't want to see you go!
Remember all the fun you've had
as you finally walk through our door.
One thing you must never forget,
is how special you are to us all.

Finally... I want to say thank you to all the children in school. What an amazing group of young people! We have witnessed them dealing with so much but despite this, they come to school with smiles on their faces and give 100% to their learning, their resilience is commendable.



#staysafe #bekind #wearamask





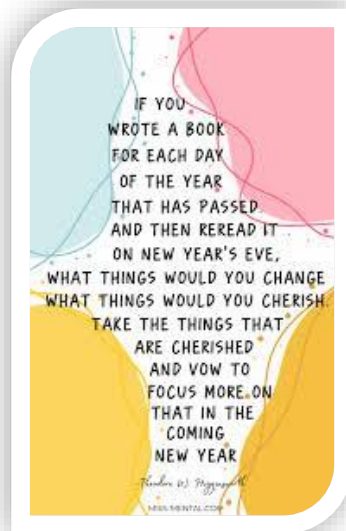
We all hope you all have an amazing summer break. We are looking forward to hearing all about the memories you have made. Keep safe and we look forward to seeing you all in September.

End of Year Awards

We are extremely proud of all our children but our staff have had the difficult decision of choosing three children from each class to be presented with our 'End of Year Achievement Awards'. A huge well done to all these children.

Acorns	Bronze- Isla Silver- Drew Gold- Annie		Maples	Bronze- Toby B Silver- Stanley R Gold- Isabel W
Ashes	Bronze- Sama Silver- Charlie Gold- Louie		Elders	Bronze- Amelie Silver- Joe Gold- Grace
Sycamores	Bronze- Freddie B Silver- Tilly Gold- Erin		Willows	Bronze- Jamie Silver- Hollie Gold- Tommy
Alders	Bronze- Max Silver- Cali-Grace Gold- Archie		Oaks	Bronze- Sharon Silver- Isaac Gold- Lizzie B
Elms	Bronze- Ellesia Silver- Penny Gold- Lennon		Blossoms	Bronze- Amy Silver- Eesa Gold- Arfathur

Reflective Friday

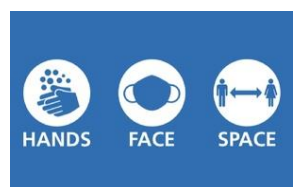


Dates for your diary...

Monday 19th July and Tuesday 20th July- INSET days
 Monday 19th July- additional session for our Year 6 children
 Thursday 2nd September - Return to school



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Information about our return in September

As we start to plan for September, we have thought about what the last 18 months has given us. There are many things that the pandemic has brought, and much of it, we will all be glad to see the end of. However, some things have really worked well and have allowed us to reflect and gain more learning time for our classes. With this in mind, we have made the following changes ready for September.

Change in PE kit

As from September we will be keeping the PE day so the children will come to school in a PE kit for the whole day. We have found that we do not lose lesson time due to changing and can have longer PE sessions. The children are losing less items, which in turn reduces your costs and time spent looking for them. The kit remains the white t-shirt and navy shorts, but we are adding a St. Paul's hoody and navy-blue tracksuit bottoms or navy-blue leggings for the girls. This can be purchased at Amins on Bank Street along with the rest of our uniform. The PE hoody should only be worn on PE days, sporting events and on School trips. The school jumper must be worn on all other days.

We will continue to have the staggered start and end to the day and staggered play and lunchtimes as this has led to less children on the yard, more space to play and less injuries. It has also helped to calm some of with the traffic congestion at the start and end of the day.

Bubble	Class	Start Time	Finish Time
1	Acorns - Miss Cavaney Ashes - Miss Pounder	8.40 am	3.00 pm
2	Sycamores - Miss Fielding Alders - Miss Cowgill	8.50 am	3.10 pm
3	Elms - Miss Gribben Maples - Mrs DeBoutemard Blossoms- Mrs White/ Miss Bishop	8.40 am	3.00 pm
4	Elders - Mrs Nolan Willows - Mrs Cooper/Mrs Todd Oaks - Mrs Lee	8.50 am	3.10 pm

We will continue to keep you updated over the summer as to what our opening arrangements will be for September 2021.

***KS1 (Y2) children moving up to KS2 (Y3) ***

Re: School Meals in Year 3

As you will be aware, the Infant Free School Meal initiative, funded by the Department for Education, is now coming to an end for your child. From 2nd September you will have to pay for your child's meal unless you are eligible for free school meals.

You can check if you are eligible by visiting:

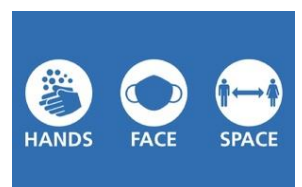
<https://www.gov.uk/apply-free-school-meals>

Registering for the Free School Meal service also means the school will receive additional funding for your child, which is called Pupil Premium. We are able to utilise these funds to support your child's education whilst at St. Paul's, this could be used for additional learning support and providing extra-curricular activities.

School dinners are optional and are charged at £2.35 per day, working out at £11.75 for the week.



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PTA NEWS

On behalf of the PTA, I would like to thank everyone who has helped and supported our fundraising this year. It has been a quiet and strange year with no actual events taking place, but raffles, Christmas cards, clothing recycling and the lottery have all helped to raise vital funds for the school. We could not do these events without your support, so it is greatly appreciated.

I'd also like to do a huge shout out to those year 6 parents who are leaving us this year, thank you for all you have done over the years, you have all been amazing!

We hope you have a wonderful summer holiday and look forward to seeing you in the new term for some more fun events.

Kath McArragher (PTA chair)

Action for happiness: Jump Back up July

This month's theme is all about resilience and understanding how we can build skills that will help us to bounce back. We can't always predict or control what life throws at us, but we can build a range of skills and nurture our resources to help us respond flexibly, effectively deal with challenges, recover more quickly and even learn and grow as a result. We'd love you to share our calendar below with it's suggestions for how to build resilience this month

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 Take a small step to help overcome a problem or worry

2 Adopt a growth mindset. Change "I can't" into "I can't...yet"

3 Be willing to ask for help when you need it

4 Find something to look forward to today

5 Get the basics right: eat well, exercise and go to bed on time

6 Pause, breathe and feel your feet firmly on the ground

7 Shift your mood by doing something you really enjoy

8 Avoid saying "must" or "should" to yourself today

9 Put a problem in perspective by seeing the bigger picture

10 Reach out to someone you trust and share your feelings with them

11 Look for something positive in a difficult situation

12 Write your worries down and save them for a specific 'worry time'

13 Challenge negative thoughts. Find an alternative interpretation

14 Get outside and move to help clear your head

15 Set yourself an achievable goal and take the first step

16 Find fun ways to distract yourself from unhelpful thoughts

17 Use one of your strengths to overcome a challenge today

18 Let go of the small stuff and focus on the things that matter

19 If you can't change it, change the way you think about it

20 When things go wrong, pause and be kind to yourself

21 Identify what helped you get through a tough time in your life

22 Find 3 things you feel hopeful about and write them down

23 Remember that all feelings and situations pass in time

24 Choose to see something good about what has gone wrong

25 Notice when you are feeling judgmental and be kind instead

26 Catch yourself over-reacting and take a deep breath

27 Write down 3 things you're grateful for (even if today was hard)

28 Think about what you can learn from a recent problem

29 Be a realistic optimist. Focus on what could go right

30 Reach out to a friend, family member or colleague for support

31 Remember we all struggle at times - it's part of being human

Jump Back Up July 2021

ACTION FOR HAPPINESS Happier · Kinder · Together

HANDS **FACE** **SPACE**

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