



**ST. PAUL'S**  
CHURCH OF ENGLAND  
PRIMARY SCHOOL

## WEEKLY NEWSLETTER

ENGAGE - INSPIRE - ACHIEVE

*From the words of St. Paul... 'Encourage one another and build each other up'.*

*'Be strong now, because things will get better.  
It might be stormy now, but it can't rain forever.'*

Friday 9<sup>th</sup> October 2020

### Headteacher news



Today we have celebrated 'Hello Yellow' day to raise the awareness of young people's mental health. Thank you for all your donations via ParentPay to the Young Minds charity, this is greatly appreciated. We will let you know how much we raised next week. The day has been filled with many activities to raise the children's awareness as well discussing and exploring strategies to help them with many feelings they may be having, especially during these unprecedented times.

### PTA News

With the festive season rapidly approaching we are participating in the 'Design a Christmas Card project', this is a fantastic way for your child to see their designs on printed Christmas cards, gift tags and mugs while at the same time raising funds for the school. Your child should have come home with a letter and pack containing their artwork or will do in the next few days. Orders and payment can be made online, details of this are on the letter/pack. Can you please ensure that all artwork where orders have been placed are returned to school by **Wednesday 14th October** as we need to send the artwork off before it can be printed. Orders cannot be printed without the artwork being returned to school.

Thank you for your continued support.  
Kath McArragher (PTA Chair)



*#staysafe #bekind #wearamask*





### School grounds

We realise how difficult it can be to park close to school, especially on wet days however, please be mindful of the same parking etiquette on school grounds. There have been a significant number of parents parking and driving inappropriately around the school grounds.

- **Do NOT park or drop off in the disabled spaces unless you have a blue disabled badge.**
- **Do NOT park in our STAFF carpark** even when dropping off and collecting for BYT.
- **Be respectful** to our neighbours by not blocking their driveways or parking on the yellow lines.
- **Please do NOT sit in your car with your car engine running.**

We must all play a part in keeping our children safe. We would encourage as many of you to walk or cycle to school.

### COVID Reminder

Just a reminder of the actions to take if your child or anyone in your household displays symptoms of Covid-19 or if your child comes into contact with anyone who has tested positive for Covid-19. Please visit our website <https://stpaulsrawtenstall.co.uk/>, our PTA Facebook page or our Twitter feed for regular updates and guidance. Alternatively, if you have any questions or queries please email [school@constablelee.lancs.sch.uk](mailto:school@constablelee.lancs.sch.uk)

**If you or a member of your family have any symptoms or have had a test then your household must isolate and not come into school.**

If we have any confirmed cases in school, I will inform those affected and we will close bubbles and classes after following advice from Lancashire County Council and PHE.

**Please can I also remind all parents/carers that masks must be worn when dropping and collecting your child(ren). This is to protect everyone in our school family.**

### Home learning

Miss Cavaney has been working hard behind the scenes to make our home learning easier to find alongside key information on our school website. If you are isolating you will find the home learning sessions timetabled for the week and the links you need to access them through Oak Academy. When there is a bubble or class closure, you will be sent further information regarding recorded sessions that will be provided by our teachers, unless your class teacher is unwell. In this event, information will be given of how to access the teaching and learning sessions provided by school.

### Starting Reception in 2021 or moving onto high school

For families living in the Lancashire area who require a primary or secondary school place in September 2021 the means of application is via Lancashire's new online system at:

[www.lancashire.gov.uk/schools](http://www.lancashire.gov.uk/schools)

This is a quick and easy way and offers an email receipt of all submitted applications. Please ensure that you hit the 'submit' button when you are ready to send in your completed online application. You must apply even if you have siblings at your preferred school or academy.

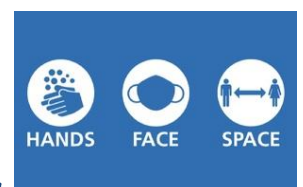
The closing dates for applications for September 2021 are at 11.59pm on:

Secondary applications - 31<sup>st</sup> October 2020

Primary applications - 15<sup>th</sup> January 2021



*#staysafe #bekind #wearamask*





**Living by our school values.**

Each month, as part of our work based on our school values and to inspire practical actions for a happier and more caring society; our classes work through the action for happiness calendars. October is our **optimistic** month. Life is far from perfect, but there are lots of reasons for optimism. Setting positive goals for the future gives our lives a sense of direction and purpose. And although we face many challenges there are also lots of reasons to stay hopeful. By consciously choosing our priorities we can overcome issues, make progress and focus on what really matters. *#OptimisticOctober*

**ACTION CALENDAR: OPTIMISTIC OCTOBER 2020**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>"Choose to be optimistic. It feels better" - Dalai Lama</b></p>			<p>1 Write down your most important goals for this month</p>	<p>2 Look for reasons to be hopeful even in difficult times</p>	<p>3 Take the first step towards a goal that really matters to you</p>	<p>4 Be a realistic optimist. See life as it is, but focus on what's good</p>
<p>5 Start your day with the most important thing on your list</p>	<p>6 Do something constructive to improve a difficult situation</p>	<p>7 Remember that things can change for the better</p>	<p>8 Make progress on a project or task you have been avoiding</p>	<p>9 Avoid blaming yourself or others. Just find the best way forward</p>	<p>10 Take time to reflect on what you have achieved this week</p>	<p>11 Focus on a positive change that you want to see in society</p>
<p>12 Look for the good intentions in people around you today</p>	<p>13 Put down your To-Do list and let yourself be spontaneous</p>	<p>14 Do something to overcome an obstacle you are facing</p>	<p>15 Look out for positive news and reasons to be cheerful today</p>	<p>16 Thank yourself for achieving the things you often take for granted</p>	<p>17 Share your most important goals with people you trust</p>	<p>18 Make a list of things that you are looking forward to</p>
<p>19 Set hopeful but realistic goals for the week ahead</p>	<p>20 Find the joy in completing a task you've put off for some time</p>	<p>21 Let go of the expectations of others and focus on what matters</p>	<p>22 Share an inspiring idea with a loved one or colleague</p>	<p>23 Write down 3 specific things that have gone well recently</p>	<p>24 Recognise that you have a choice about what to prioritise</p>	<p>25 Plan a fun or exciting activity to look forward to</p>
<p>26 Start the week by writing down your top priorities &amp; plans</p>	<p>27 Be kind to yourself today. Remember, progress takes time</p>	<p>28 Ask yourself, will this still matter a year from now?</p>	<p>29 Find a new perspective on a problem you face</p>	<p>30 Set a goal that links to your sense of purpose in life</p>	<p>31 Think of 3 things that give you hope for the future</p>	

**ACTION FOR HAPPINESS**

www.actionforhappiness.org

Keep Calm · Stay Wise · Be Kind



**WATER BOTTLES** these are available from school at a cost **£2.50** each.

If you would like your child to have one - please pay via ParentPay and email school.

*(\*\*Unfortunately we no longer accept money/payment at the office).*

Dates for your diary...

Monday 26<sup>th</sup> October - Half Term holiday week

Monday 2<sup>nd</sup> November - Staff training day - School closed

Tuesday 3<sup>rd</sup> November - Children return to school from half term break

Wednesday 4<sup>th</sup> November - Tempest Photos (Individual and school aged siblings only)

Monday 23<sup>rd</sup> November - Nasal Flu Immunisation Programme / All classes



*#staysafe #bekind #wearmask*





## Reflective Friday

The way we  
talk to our  
children  
becomes their  
inner voice.

PEGGY O'MARA

[www.TheSilverPen.com](http://www.TheSilverPen.com)



*#staysafe #bekind #wearamask*

