



ST. PAUL'S
CHURCH OF ENGLAND
PRIMARY SCHOOL

WEEKLY NEWSLETTER

ENGAGE - INSPIRE - ACHIEVE

From the words of St. Paul... 'Encourage one another and build each other up'.

'I came to give life. Life in all its fulness'

John 10:10

Friday 22nd October 2021

Headteacher updates...

As we have reached the end of our first half term, I would like to take this opportunity to thank you all for your support and understanding. On behalf of our staff and governors, I hope you all have a lovely half term break and make some lovely memories together. Have fun and stay safe. We will look forward to seeing you all back in school on Monday 1st November.



PE Kit -Amins

We are pleased to inform you that our school PE kit is now available to purchase from Amins Uniform Store in Rawtenstall. These will be available to purchase from this weekend (Saturday 23rd October). Please be aware, that due to continued delivery disruptions, there is limited stock in some sizes. However, we are hoping that the remainder of the order will arrive soon. If you are not able to purchase the size that you need, your child can continue to wear their old PE kit. We cannot wait to see all the children proudly wearing their new St Paul's hooded jumpers.

Football Updates

A huge congratulations to all our children this week who have taken part in our football competitions. On Monday, our Year 4 children attended the 'finals' where they competed against all the schools in Rossendale. We are so proud to announce that we came 4th which is an amazing achievement. Mr Rush said all the children played amazingly and worked well as a team. On Wednesday, our Year 2 children took part in a 'Football Festival'. Again, Mr Rush said these children were amazing and played fantastically. It is so lovely to hear about our budding sportsmen and women. Thank you as always to Mr Rush for making this possible and all the parents who helped with transporting the children to the events.

Say cheese 😊

Please ensure that your child comes to school on **Friday 12th November** in their full school uniform as Tempest will be here to take their individual and sibling photographs. Unfortunately, this will only include children that attend our school rather than the full family photo opportunity.





Orienteering Challenge- Message from Rossendale School Sports

Pendle Forest Orienteers have teamed up with Rossendale School Sports and Rawtenstall Market to put on a number of **free events** for families over half term. From Saturday 23rd until Monday 1st November there will be three Halloween Trails around Rawtenstall all starting and finishing from Rawtenstall Market.

Short - 1.5km around the town centre with Halloween Orienteering Controls in shop windows.

Medium - 3.5km towards Whitaker Park.

Long - 5km - This will be a maprun like previous events at Marl Pits.

On Thursday 28th October from 11-1pm, we will be holding a free 'Come and Try It' event at Whitaker Park for anyone to try 'real life' orienteering for free, complete with control flags and electronic timing. There is no need to sign up for the event, the course will be a Yellow (beginner) 1-1.5km course within the park grounds starting and finishing near the café. All are welcome- families, adults, runners, walkers, anyone that wishes to try something new.

You will be able to collect the maps and the answer sheets from the new Market Office situated at the front of the building which is now open Tuesday to Saturday. You will also be able to download them and find them on <http://www.pfo.org.uk/news/halloween-trails>.

Home/School Agreement

Please return any outstanding home/school agreements as soon as possible. If you require another copy, please let your child's class teacher know.

Starting Reception in 2022 or moving onto high school ...

For families living in the Lancashire area who require a primary or secondary school place in September 2022 you can now apply online via Lancashire's online system at: www.lancashire.gov.uk/schools

This is a quick and easy way and offers an email receipt of all submitted applications. Please ensure that you hit the 'submit' button when you are ready to send in your completed online application. You must apply even if you have siblings at your preferred school or academy.

The closing dates for applications for September 2022 are at 11.59pm on:

Secondary applications - 31st October 2021

Primary applications - 15th January 2022

Lunchtime Menu (for infant children only)

Please find attached to the end of this newsletter, the updated school lunch menu which will start from November 1st. Please note, we will begin the half term on the week 2 menu. Children in the juniors will continue to eat in their classrooms and will remain on our old menu of a choice of sandwiches and a daily hot option. We are keeping our fingers crossed that we can soon be all together eating in the school hall.





Free school meals and pupil premium

Your child will get free school meals if they're in Reception class, Year 1 or Year 2. You will however still need to register with us if you are in receipt of any of the following benefits as your child's school can get extra funding, called pupil premium. Children in years 3, 4, 5 or 6 could also be entitled to free school meals.

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit

If you require further information, please contact our school office.

PTA News

Thank you to everyone who has placed orders for Christmas cards and gifts. It's been amazing seeing all the children's designs. All the artwork has now been sent off to be printed and I can't wait to see all the lovely designs on the cards etc.

If you missed the deadline, orders can still be placed, but you will need to post the artwork directly to cauliflower cards and postage costs will unfortunately apply.

Kind regards

Kath McArragher (PTA chair)

Church news.

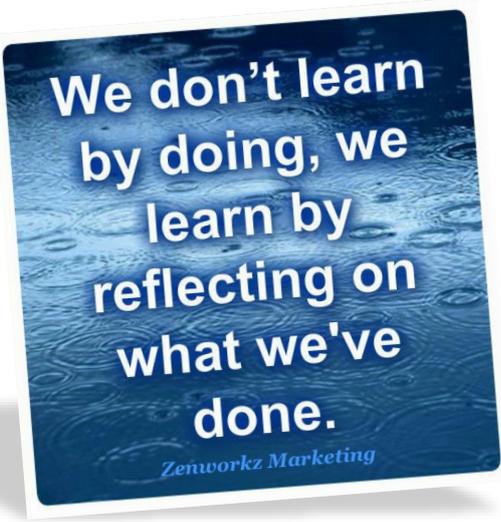
It gives me great pleasure to inform you of the events being held at St. Paul's Church Centre.

<p>Afternoon Tea St Paul's Church Centre Burnley Road behind Bambinos Constable Lee BB4 8HU TEL: 07856 920206 lesleyeaton1953@gmail.com Please give generously – all donations presented to invited charity</p>	<p>Afternoon Tea First Friday of the Month 1.30 pm to 4.00 pm 1 October 2021 - Homeless 5 November 2021 – Food Bank 3 December (Christmas) - IAT Shoebox transportation</p>
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Reflective Friday



We don't learn
by doing, we
learn by
reflecting on
what we've
done.

Zenworkz Marketing

Dates for your diary...

Monday 25th October - Half Term holiday week

Monday 1st November - Return to school for all children

Thursday 4th November - Penny pinching boxes collected for the Hospice

Friday 12th November - Tempest Individual Photos





Action for happiness- Optimistic October Living by our school values.

Each month, as part of our work based on our school values and to inspire practical actions for a happier and more caring society; our classes work through the action for happiness calendars. **Especially when things are feeling a bit tough, it can help to set some goals.** Making goals achievable and ensuring that you have a few short term as well as longer term, more ambitious goals helps us feel we're making progress. It doesn't matter if your goal for the day is something really small, the important thing is to give yourself the opportunity to feel like you've achieved something and to celebrate that! This month's calendar is full of ideas to help you think about how you can put this into practice.

Optimistic October 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY							
1 Write down three things you can look forward to this month	2 Find something to be optimistic about (even if it's a difficult time)	3 Take a small step towards a goal that really matters to you	4 Start your day with the most important thing on your to-do list	5 Be a realistic optimist. See life as it is, but focus on what's good	6 Remind yourself that things can change for the better	7 Look for the good in people around you today	8 Make some progress on a project or task you have been avoiding	9 Share an important goal with someone you trust	10 Take time to reflect on what you have accomplished this week				
11 Avoid blaming yourself or others. Find a helpful way forward	12 Look out for positive news and reasons to be cheerful today	13 Ask for help to overcome an obstacle you are facing	14 Do something constructive to improve a difficult situation	15 Thank yourself for achieving the things you often take for granted	16 Put down your to-do list and do something fun or uplifting	17 Take a small step towards a positive change you want to see in society	18 Set hopeful but realistic goals for the week ahead	19 Identify one of your positive qualities that will be helpful in the future	20 Find joy in tackling a task you've put off for some time	21 Let go of the expectations of others and focus on what matters to you	22 Share a hopeful quote, picture or video with a friend or colleague	23 Recognise that you have a choice about what to prioritise	24 Write down three specific things that have gone well recently
25 You can't do everything! What are your three priorities this week?	26 Find a new perspective on a problem you face	27 Be kind to yourself today. Remember, progress takes time	28 Ask yourself, will this still matter a year from now?	29 Plan a fun or exciting activity to look forward to	30 Identify three things that give you hope for the future	31 Set a goal that brings a sense of purpose for the coming month							

ACTION FOR HAPPINESS Happier · Kinder · Together

We would love to see how you use this calendar throughout the year. If you have any photographs of you/your family carrying out the action for happiness challenges, then please share them with us. You may even appear on our school newsletter. 😊





Lunchtime Menu for Infant Children

Please note- Monday 1st November begins on Week Two

WEEK ONE	F+ Autumn/Winter 2021/2022	MONDAY		SUGARWISE TUESDAY		SUGARWISE WEDNESDAY		SUGARWISE THURSDAY		FRIDAY FAVOURITES	
	Choice 1	Pork Sausages & Onion Gravy	Creamed Potatoes Carrot Batons & Garden Peas	Lancashire Cheese & Potato Pie (v)	Broccoli Florets & Sliced Beetroot	Roast Beef Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Creamy Chicken Tikka Curry	Mixed Rice & Naan Bread	Golden Crumb Omega 3 Fish Fingers	Oven Baked Chips or New Potatoes & Garden Peas
	Choice 2	Creamy Cheese & Pasta Bake (v)	Homemade Garlic Bread & Salad Selection	Veggie Baked Bean Chili (v)	Mixed Rice & Tortilla Chips	Pasta Neapolitan (v)	Homemade Garlic Dough Balls & Salad Selection	Roast Vegetable Hotpot (v)	Seasonal Cabbage & Sliced Beetroot	Homemade Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Sweetcorn
	Choice 3	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	French Bread Pizza with Cooks Choice of Topping	Paprika Potatoes Vegetable Sticks & Dips	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Tuna & Cheese Panini Melt	Herby Potatoes & Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection
	Dessert	Fruit Crumble with Custard or Cream	Fruit Yoghurt Fruit Selection Organic Milk	Shortbread Biscuit & Melon Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Jelly & Orange Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Cookie & Milkshake	Fruit Yoghurt Fruit Selection Organic Milk
WEEK TWO	Meat Free Monday	MONDAY		SUGARWISE TUESDAY		SUGARWISE WEDNESDAY		SUGARWISE THURSDAY		FRIDAY FAVOURITES	
	Choice 1	Homemade Soup & Cheese Panini Melt (v)	Tortilla Chips Vegetable Sticks & Dips	Traditional Cottage Pie	Seasonal Cabbage & Sliced Beetroot	Roast Chicken Sage & Onion Stuffing & Gravy	Roast Potatoes Broccoli Florets & Carrot Batons	Beef Burger in a Bun with Tomato Ketchup	Paprika Wedges Vegetable Sticks & Dips	Crispy Battered Fish	Oven Baked Chips or New Potatoes & Garden Peas
	Choice 2	Tomato & Mascarpone Pasta (v)	Homemade Garlic Dough Balls & Broccoli Florets	Loaded Veggie & Cheese Taco (v)	Potato Wedges & Salad Selection	Vegetable Korma Curry (v)	Mixed Rice & Naan Bread	Vegetable Lasagne (v)	Homemade Garlic Bread & Salad Selection	Homemade Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Sweetcorn
	Choice 3	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Crispy Fish Finger Wrap	Potato Wedges Garden Peas & Sweetcorn	French Bread Pizza with Cooks Choice of Topping	Tortilla Chips & Freshly Prepared Salad Selection	Vegetarian Sausage Roll (v)	Paprika Wedges & Baked Beans	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection
	Dessert	Rice Pudding & Fruit Jam	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Jelly & Melon Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Fresh Fruit Medley & Vanilla Cream	Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Brownie & Orange Wedges	Fruit Yoghurt Fruit Selection Organic Milk
WEEK THREE	MONDAY	MONDAY		SUGARWISE TUESDAY		SUGARWISE WEDNESDAY		SUGARWISE THURSDAY		FRIDAY FAVOURITES	
	Choice 1	Pasta Bolognaise	Homemade Garlic Bread & Salad Selection	Crispy Bubble Coated Salmon	Herby Potatoes Garden Peas & Sweetcorn	Roast Pork Yorkshire Pudding & Gravy	Roast Potatoes Seasonal Cabbage & Carrot Batons	Chinese Style Chicken Curry	Mixed Savoury Vegetable Rice	Crispy Tempura Fish Goujons	Oven Baked Chips or New Potatoes & Garden Peas
	Choice 2	Choice of Filled Free Range Omelette	Paprika Potatoes & Broccoli Florets or Baked Beans	Pull Pastry Cheese Whirl (v)	Herby Potatoes & Baked Beans	Pasta Arrabbiata (v)	Homemade Garlic Dough Balls & Salad Selection	Loaded Cheese & Onion Potato Skins (v)	Baked Beans & Salad Selection	Homemade Pizza Margherita (v)	Oven Baked Chips or New Potatoes & Sweetcorn
	Choice 3	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	French Bread Pizza with Cooks Choice of Topping	Tortilla Chips Vegetable Sticks & Dips	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Pork Sausage in a Bun with Tomato Ketchup	Tortilla Chips Vegetable Sticks & Dips	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection
	Dessert	Marble Sponge with Custard or Cream	Fruit Yoghurt Fruit Selection Organic Milk	Homemade Jam & Cream Split	Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes	Fruit Yoghurt Fruit Selection Organic Milk	Fruit Jelly & Orange Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Cupcake & Melon Wedges	Fruit Yoghurt Fruit Selection Organic Milk

