

**ST. PAUL'S  
CHURCH OF ENGLAND  
PRIMARY SCHOOL**



**ENGAGE - INSPIRE - ACHIEVE**

**The Christian family of St Paul's... moving forward together.  
A caring, exciting and happy school where everyone succeeds!**



**PE Policy**

**September 2021**

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|  | <p><b>Article 17:</b><br/>Every child has the right to get information that is important to their wellbeing.</p> |  |
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### **Policy Statement**

Physical Education contributes to the overall education of young people by helping them to lead full and valuable lives through engaging in purposeful physical education. It can develop physical competence and help to promote physical development. It can teach pupils, through experience, to know about and value the benefits of participation in physical activity while at school and throughout life. It can develop an appreciation of skilful and creative performance across the areas of activity.

### **Aims of PE at St Paul's**

- To develop the children's enjoyment and enthusiasm of physical activity through creativity and imagination.
- To enable children to develop and explore physical skills with increasing control.
- To encourage children to work and play with others in a range of group activities.
- To develop the way children perform skills and apply rules and conventions to different activities.
- To increase children's ability to use what they have learnt to improve the quality and control of their performance.
- To promote positive attitudes towards health, hygiene and fitness and recognise how their bodies feel during exercise.
- To promote competitive sport through intra and inter schools' events.

We aim to provide 2 hours of quality PE per week for all our pupils, with opportunities for extra -curricular participation at lunchtime and after school.

### **Teaching PE**

The curriculum is organised to ensure that pupil's experience of PE is developed through activities that bring together requirements from the Foundation stage, key stage one and two programmes of study.

At St Paul's, we also incorporate aspects of the Creative Curriculum within PE lessons.

Within school, knowledge, skills and understanding is addressed through six areas of activity:

- Dance
- Games
- Gymnastics
- Athletics (KS2)
- Swimming (KS2)
- Outdoor and Adventure (KS2)

St Paul's uses the Lancashire Scheme of Work as the basis for the curriculum planning. These units are taken from the long-term plan, which is updated on an annual cycle. Schemes are differentiated and adapted according to the teacher's knowledge and judgement. Planning in this way ensures progression and also clarifies the appropriate level of activity for groups of children. Teachers are required to annotate as appropriate and assess at the end of each unit where individual pupils are working - below, expected, exceeding.

The school is also supported through specialised coaching by the Rossendale Sports Partnership. This is allocated each year by the subject leader to different year groups around school.

The teaching of PE takes place in the afternoon and the hall slots are divided accordingly.

Foundation stage - 1 hall slot and additional time in outside area

KS1 - two hall slots per week.

KS2 - one hall slot and 1 outdoor slot.

Swimming will take the place of the outdoor PE session.

In the event of bad weather, outdoor lessons in PE may be taken later in the week (The playground can accommodate 2 classes).

During dry weather, the field area is also available to use.

### **Swimming and Water safety (KS2)**

It is a requirement that all children should be able to swim 25m unaided by the end of Year 6.

Swimming lessons are taken at Marl Pits Leisure Centre, Rawtenstall. These are taught by qualified swimming instructors and supported by the class teacher. These are organised on a rota throughout the year.

For the academic year 2021-22, the rota is as follows:

|                                |               |
|--------------------------------|---------------|
| Autumn term 2021 (12 sessions) | Oaks class    |
| Spring term 2022 (12 sessions) | Willows class |
| Summer term 2022 (12 sessions) | Elders class  |

### **Inclusion**

At St Paul's we teach PE to all pupils whatever their ability or individual needs. We strive hard to meet the needs of those pupils with special educational needs and disabilities and those who are gifted and talented. Support services and staff are used to ensure that no child is excluded from a physical activity because of physical disability.

### **Assessing PE**

Teachers will assess pupils using the Lancashire scheme of work - I can statements. Teachers are expected to assess and record the names of those pupils who are working below, at expected levels or those who are exceeding. Photographs/Video evidence should be used to support assessments.

The subject leader will monitor the levels of each cohort.

These assessment statements also support KLIPS (Key Learning Indicators of Performance). At the end of each term, pupils are given a judgement based on the level they are working at - Entering, Developing, Secure.

### **Resources**

The school has a central PE store located in the main hall. This is to be accessed by staff only. Pupils are not to be sent for resources and are not expected to enter the cupboard at the end of the lesson to put away equipment.

A range of equipment has been organised to support the teaching of indoor and outdoor PE.

The subject leader will regularly ensure that these resources are adequate for use/updated with new resources.

Resources should be placed back within the labelled areas. Staff to report any missing/broken resources to the subject leader.

At St Paul's we promote a whole school approach to safety when using apparatus. Staff are always to supervise the moving of this equipment. Every child should be aware of how to lift, carry and place any apparatus. Staff should help with different pieces and should check all apparatus before use.

Please report any damage or tears to the subject leader.

At the end of the session, staff should ensure that the apparatus is put away correctly and secured in place.

### **PE kit**

As there is a requirement that PE should be accessed by all, it is essential that every child has a PE kit within school. On class PE days, children are to come to school dressed in their PE kit (indoor or outdoor dependent on the weather).

Staff are to change footwear when taking part in PE.

Long hair worn by staff and pupils should always be tied back.

### **Kit requirements:**

White t shirt (with or without school logo)

Navy PE shorts/tracksuit pants

Suitable footwear - trainers

School jumper/plain dark sweatshirt or school hoodie (available from Amins)

### **Swimming**

Swimming costume and swim hat (girls)

Fitted swim shorts (boys)

### **Jewellery**

All personal effects should be removed before the start of the lesson (rings, earrings, watches) to ensure a safe working environment. This is in line with guidance from the Association for Physical Education (afPE).

Children who have pierced ears are asked to remove their earrings at home or before the start of the lesson. Plasters are not to be used to cover earrings as there is a risk that these may come off during the lesson.

### **PE and Sport Premium funding**

This funding is being jointly provided by the Departments for Education, Health and Culture, Media and Sport, and will see money going directly to primary school

Headteachers to spend on improving the quality of sport and PE for all their children.

The sport funding can only be spent on sport and PE provision in schools.

All schools with 17 or more primary-aged pupils will receive a lump sum of £8000 plus a premium of £5 per pupil (year 1 and above). Smaller schools will receive £500 per pupil.

At St Paul's, priorities are established for each academic year in relation to the key areas of raising the profile of sport, engaging pupils in a wide range of activities, increasing participation levels in competitive sport and leading a healthy and active lifestyle. For a comprehensive breakdown of this annual expenditure, please refer to the expenditure document on the school website.

### **Out of School PE**

At St Paul's we offer a wide range of extra- curricular activities at lunchtime and after school, to compliment and supplement the range of activities covered in curriculum time.

We encourage participation in a range of inter schools' competitions, as individuals and teams. A list of competitions through the partnership is available from the subject leader and on the Sports notice board.

### **Safeguarding**

All external adults working with children in school with children will be DBS checked and paper records stored within the SCR.

## **POLICY REVIEW**

The PE Policy will be reviewed each year (Updated Sept 2021  
Reviewed Sept 2022)

This policy will be ratified by the Governing Body in

Signed by *Mr W Aitkin* (Chair of Governors) Date

This policy will be reviewed on or before the following date: September 2022