



Activity sheet

Alcohol and Cigarettes: The Facts

Statements for sorting



This can increase the risk of diseases like cancer



The smoke from this contains tar which can stick to the lungs and affect a person's breathing



This is often used at celebrations like weddings



The liver has to clean this out of the blood



Sometimes people find it hard to stop using this



This can affect a person's brain so that they are not in normal control of their body



Most people in this country choose not to use this



The chemicals in this can stain a person's fingers and teeth



It is against the law to sell this to people under 18



Too much of this can affect a person's heart in a harmful way



This is found in drinks like beer, wine, and spirits like gin and vodka



This contains a drug called nicotine