



What's going on this week?

The celebration for NHS staff, formally known as 'Clap for Carers', returned under the new name of 'Clap for Heroes' on the 7th of January, announced by the initiative's founder, Annemarie Plas. The weekly applause for front-line NHS staff and other key workers ran for 10 weeks during the UK's first coronavirus lockdown last spring. This time the initiative is celebrating not just NHS and key workers but also extends to home-schooling parents, those who are shielding and all who are pushing through this period.

Main question:

How can we show our thanks to those who help us?

Listen, think, share

- Look at this week's poster and talk about what we can see. Have we taken part in the new 'Clap for Heroes' initiative yet? Do we plan to? Did we take part in 'Clap for Carers' during the first lockdown? What impact do you think taking part has? Who do you think it might help?
- Can you think of some of the people who help us - particularly in current times? Do you think it is important to show thanks? Can you think of different ways that you can show your support and thanks? The new 'Clap for Heroes' initiative encourages us to thank everyone who is helping at the moment. In addition to NHS staff and key workers, who would you add to your list of heroes?
- Watch this week's useful video, which explains the 'Clap for Heroes' initiative. Do you think it's important that we are thanking more than just the NHS staff and key workers this time?
- Read through the information found on the assembly resource about the two initiatives. Share your thoughts. Can we think of any other ways that we can show our support and thanks to those who help us?

Reflection

There are many ways we can show our thanks and gratitude to others. Both the 'Clap for Carers' and the 'Clap for Heroes' initiatives provide people with a way to publicly show their support and thanks.



KS1 Focus

Question:

Why do we sometimes clap to celebrate something?

Listen, think, share

- What is clapping? Have a go at clapping! Can you think of a time when you have clapped? Who was there and why did you clap?
- Explain that clapping is often used to show that we appreciate or have enjoyed something or to celebrate something.
- Look at resource 1, which shares examples of when people have clapped to celebrate something. Have you ever clapped for these reasons? Can you think of any other times someone has clapped for you?
- Discuss how it feels when people clap for you. Does it make you feel happy, proud, embarrassed? How might it feel if they don't clap for you?
- Think about a time when a family member or teacher has clapped when you achieved something. Why do you think they clapped for you? Share that often our grown-ups clap to encourage us so we can achieve even more!
- Explain that nobody knows exactly when we first started to clap but the louder and more enthusiastic the clap, the more popular someone or something is. In Ancient Rome, actors sometimes paid members of the audience to clap. Have you ever noticed some claps are louder and more enthusiastic than others?

Reflection

People sometimes clap to celebrate something or someone. This can help to show they have enjoyed or appreciated something or to encourage or thank someone.



KS2 Focus

Question:

What do different people think about the 'Clap for Heroes' initiative?

Listen, think, share

- Write 'Clap for Heroes'. Have you heard about this initiative? Where did you hear about it? Have you taken part in it?
- Explain that the first 'Clap for Heroes' took place on Thursday 7th of January and was to celebrate, acknowledge and thank everyone who has played their part through the pandemic.
- Look at resource 2, which shares how some people feel about the 'Clap for Heroes' initiative. What do you think? Out of the four responses, which one is closest to yours?
- Angelika said 'It is a time when we can come together without actually coming together'. What do you think she means by this? Do you think everyone clapping together can give people a sense of community? Do you think it is important for us to feel part of something at this time?
- Do you think more or less people will take part in 'Clap for Heroes' than did in 'Clap for Carers'. Why do you think this?
- Dasia mentions she will show her appreciation by following the rules and staying at home rather than clapping. Can you think of any other ways you might celebrate and show your appreciation for our heroes?
- If your next door neighbour had a different opinion from you about clapping, how would you feel? Do you think you should respect their opinion? Should you tolerate it? What is the difference between respect and tolerance?

Reflection

Different people have different opinions about the 'Clap for Heroes' initiative. Not everyone will agree all of the time. Sometimes we have to agree to disagree.



KS2 Follow-up Ideas

Option 1: Think about somebody who has been your hero this year.

- Who is your hero? A key worker, a parent, a friend?
- What do they look like? Think about physical appearance.
- What are they like? Describe their personality e.g. bubbly, hardworking, courageous.
- Why are they your hero? Have they helped others? Have they made sacrifices?

Record ambitious adjectives that you could use before creating a description of your hero. You could organise your ideas into paragraphs or as a fact file. Include a picture/drawing!

Option 2: Try these maths questions linked to 'Clap for Carers'.

The first 'Clap for Carers' was 10 weeks long.

- How many days in a week?
- How many days in 10 weeks?
- How many hours in a day?
- How many hours in 10 weeks?

There are 4 houses on your street, each with a family of 5.

- How many people clapped in total?
- Each person clapped for 2 minutes, how many minutes did they clap in 10 weeks?

Have a go at creating your own questions for someone else to answer!



KS1 Follow-up Ideas

Option 1: Think about a time when somebody has clapped for you - use the ideas in resource 1 to help.

- When was it?
- Where were you?
- Why did they clap?
- Who clapped for you?
- Did you enjoy being clapped for?
- How did it make you feel?

Use pictures, words and sentences to share your clapping experience.

Option 2: Have a go at clapping, then think about the following:

- What did it sound like?
- Was your clap slow or fast?
- Was your clap loud or soft?
- Does your clap have a steady beat?
- Does your clap have a rhythm?
- Do you think how you clap can mean different things?

Discuss how a loud, fast and enthusiastic clap might show that you really like something or have really enjoyed it.

Explain we can also use our hands to compose a piece of music. Explore other ways your hands can make a sound e.g. clicking, rubbing, using them to tap other body parts and create your own piece.



This Week's Useful Websites

[This week's news story](#)

www.bbc.co.uk/news/uk-55561108

This Week's Useful Videos

[Clap for Heroes: Week 1](#)

www.youtube.com/watch?v=odi7PrJCIE8

This Week's Virtual Assembly

www.picture-news.co.uk/discuss

This Week's Useful Vocabulary

Applause – the noise made by a group of people clapping their hands to show approval.

Appreciation – recognising and enjoying the good qualities of someone or something.

Encourage – give support, confidence or hope to someone.

Extend – if you extend an event or activity to a larger group of people it will also include them.

Gratitude – a feeling of thankfulness or appreciation.

Initiative – an act or strategy that has the intention of solving a problem or improving a situation.