



ST. PAUL'S CHURCH OF ENGLAND PRIMARY SCHOOL
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Dear Parents/Carers,

Please read this information carefully as it contains curriculum coverage for the teaching of Relationships Education, Health Education and Sex Education over the next half term

From September 2020, Relationships and Health Education became compulsory in all primary schools and parents/carers do not have the right to withdraw their children from these subjects. We believe that this work is an important part of safeguarding children as knowledge empowers them, helps them to stay safe and cope with puberty by understanding why their bodies will change.

At St Paul's, we define 'sex education' to mean 'human reproduction'. This is in line with the SCARF scheme that we use. Parents **do have the right to withdraw** their child from the 'Making Babies' lesson which includes human reproduction. **This is only taught to our Year 6 children.** If you do wish to withdraw your child from the human reproduction lesson and your child is either **a Year 6 Oaks or Willows student** please contact the office to speak to Mrs Charlesworth. Withdrawal requests can only be approved by the Head Teacher.

Why is this RSHE curriculum needed?

There are four main aims for teaching RSE within the context of Primary School PSHE (Personal, Social, Health Education):

- More than ever before, children are exposed to representations of sex and sexuality through the social culture around them. The unregulated content on the internet or social media, can mean children may be exposed to dangerous, confusing or scary content. We can prepare them for this by presenting a balanced view of positive healthy relationships to help them to be discerning and to stay safe.
- There is much independent research showing most parents and carers value the support of schools in providing Relationship and Sex Education for their children. Parents and schools want children to be safe and happy.
- A range of independent research consistently shows that effective Relationship Education delays first sexual experience and reduces risk-taking in young people.
- Surveys of children and young people, as well as Ofsted, have repeatedly said that Relationship and Sex Education tends to be "too little, too late and too biological". This is one of the many reasons why the Department for Education has made Relationships and Health Education compulsory in primary schools from September 2020, with an emphasis on Relationships Education.



What will my child actually be taught in the Changing and Growing Unit?

The SCARF unit 'Changing and Growing' is taught over a period of 6 weeks in Summer Term 2. Each year group will be taught appropriate to their age and developmental stage. If a question arises and the teacher feels it would be inappropriate to answer, the child will be encouraged to ask his/her parents/carers at home. The question will not be answered to the child or class if it is outside the remit of that year group's lesson.

Children in Sycamores Class will be taught:

- Name major internal body parts (heart, lungs, blood, stomach, intestines, brain);
- Understand and explain the simple bodily processes associated with them
- Understand some of the tasks required to look after a baby;
- Explain how to meet the basic needs of a baby, for example, changing, feeding, cuddling, washing,
- Identify things they could do as a baby, a toddler and can do now;
- Identify the people who help/helped them at those different stages
- Explain the difference between teasing and bullying;
- Give examples of what they can do if they experience or witness bullying;
- Say who they could get help from in a bullying situation.
- Explain the difference between a secret and a nice surprise;
- Identify situations as being secrets or surprises;
- Identify who they can talk to if they feel uncomfortable about any secret they are told, or told to keep.
- How can we keep safe if we use the internet - now and as we get older?

This will complement work covered on 'being safe' this half term (as detailed in our class newsletter):

- Explain the difference between appropriate and inappropriate touch;
- Understand that they have the right to say "no" to unwanted touch
- Identify parts of the body that are private (including correct names);
- Describe ways in which private parts can be kept private;
- Identify people they can talk to about their private parts

If you have any questions about the Growing and Changing Unit please do not hesitate to contact your class - teacher in the first instance.

Kind Regards

Miss Fielding

