

Dear Parent/Guardian,

Next week should have been one of our biggest events of the year, which normally attracts over 500 pupils: the Primary School Cross Country Championships.

We are therefore launching the 'Rossendale Virtual Mile' from 18th May-29th May and would love for you and your family to get involved! This is a Rossendale-wide, mass-participation event that anyone of any age or ability can take part in (yes that's right, we encourage teachers and parents to get involved too!).

Throughout the two weeks, we will be encouraging everyone to get out and run/walk (wheelchair users encouraged) a mile, whilst maintaining social distancing, and send in your best time. Everyone that enters will receive a certificate. The schools with the most entries (primary and secondary) will be crowned the overall winners. As well as this, there will be prizes for the top 3 in the following categories:

Girls	Boys
Year 1-2	Year 1-2
Year 3-4	Year 3-4
Year 5-6	Year 5-6
Year 7	Year 7
Year 8-9	Year 8-9
Year 10-11	Year 10-11
Under 20's	Under 20's
Under 40's	Under 40's
40-49	40-49
50-59	50-59
60+	60+

To enter your time, please click on the link: [Rossendale Virtual Mile Results Form](#) . Please also post photos of you taking part to our Facebook page: <https://www.facebook.com/Rossendalessp/>

If using a GPS watch or phone to track your distance, please send proof of time on the form. You can mark out your own mile route using Google Maps or <https://www.mapmyrun.com/> . Alternatively, why not try one of the routes on the pages below? Please be very careful when running on roads and younger children must be accompanied by an adult.

Good luck!

Nathan Bibby

Rossendale School Games Organiser

Any photographic images, video content and personal details of individual children and young people are classed as personal data, Under Data Protection and GDPR Law.

We therefore need to make you aware that by submitting video and photographic content of individuals, then you understand that this content will be processed for the legitimate interests of Rossendale School Sports Partnership. This content may be used by this party to promote the event and the organisation itself via online channels (such as website and social media), other publicity material (such as internal and external newsletters), posters and provided to the media for publication in local or national newspapers.

Photos and video content will be retained for public use for 3 years, after that they won't be used publicly but some images or recordings may be kept as an archive. Rossendale School Sports Partnership is committed to processing information in accordance with the General Data Protection Regulation. You have the right to request to see a copy of the information we hold about you and to request corrections or deletions of the information that is no longer required. You can ask Rossendale School Sports Partnership to stop using your images at any time, in which case it will not be used in future publications but may continue to appear in publications already in circulation

Bacup Mile

Route Description: Starting at the wooden post next to the car park at New Line Reservoir run up the path for half a mile, to the wooden post, turn around and run back finishing at the end of the path.
Thanks to Peter Young for mapping out the course.



Whitworth Cwm Reservoir.

Walk up the hill until you get to a gate (photo 1), through the gate is the start of your run. Run straight until you get to a left turn, follow the pedestrian path through the fence (photo 2). Then keep on the path until you reach the disused jetty, just before this we have marked an X with branches (photo 3) this is exactly a mile (to the jetty is 1.05 miles). Thanks to Ben Leech for mapping out the course



Distance	Elev Gain	Time
1.00 mi	0 ft	17m 52s



The Tunnels- Waterfoot

The tunnels are great and safe to run through for the kids but unfortunately, they mess with the GPS when you run through them! The start is at the entrance to the tunnel (we have put a red marker in the trees to the side) and we have put a red marker at the turnaround 800m point which is just before Rakehead Lane in Stacksteads. Hopefully no one will pinch the turnaround marker in the meantime. Many thanks to Geraldine Edmondson for marking the route out.



Marl Pits Outskirts of Rugby Pitch

One lap round the outside of the fencing of the rugby pitch next to the athletics track at Marl Pits is 0.25 miles, 4 laps of this is exactly 1 mile. Thanks to Isabelle Cunningham for measuring this out.



Broadway Primary- Neary's General Store

Please stick to the footpath and avoid running between 8am and 9am and 2:30pm and 3:30pm. Please note that this route crosses two quiet roads, please be cautious, young children should not run the route alone. Start at Broadway Primary School run to Neary's General Store turn around and run back to Broadway Primary. Thanks to Max Cunningham for measuring the route out.

